

## Scheme of Work

### VTCT Level 2 NVQ Diploma in Beauty Therapy General

Schedule:

<b>Week 1a</b>	<p>Induction</p> <p>Health &amp; Safety</p> <p>Hygiene</p>	<p>Learner handbook</p> <p>Registration docs</p> <p>Information packs/ text books</p> <p>Health &amp; Safety</p> <p>Hygiene</p>
<b>Week 1b</b>	<p>Manicure - practical</p> <p>Paraffin wax, Hand mask, Thermal mitts, Exfoliators</p> <p>Dark colour, Buffed</p>	<p>Demonstration</p> <p>Text book</p>
<b>2a</b>	<p>Luxury manicure –</p> <p>Warm oil, French</p> <p>Aftercare</p>	<p>Demonstration</p> <p>Text book</p> <p>Written activity</p>
<b>2b</b>	<p>Pedicure – practical</p> <p>Paraffin wax, Foot mask, Thermal mitts, Exfoliators</p> <p>Dark colour</p>	<p>Demonstration</p> <p>Text book</p>
<b>3a</b>	<p>Luxury Pedicure – practical</p> <p>French</p> <p>Aftercare</p>	<p>Demonstration</p> <p>Text book</p> <p>Written activity</p>
<b>3b</b>	<p>Waxing – practical</p> <p>Eyebrow, Upper Lip, Chin, Underarm</p>	<p>Demonstration</p> <p>Text book</p>

	Hot wax	
<b>4a</b>	Waxing – practical Half Leg, Full Leg, Bikini Line Warm wax	Demonstration Text book Written activity
<b>4b</b>	Maintain effectiveness at work	Text book Written activity
<b>5a</b>	Facial Treatment – practical Oily, Dry Mature, Sensitive skin Magnifying light Cleanser, Toner, Exfoliators, Moisturisers Oil, Mask (setting) Effleurage, Petrissage	Demonstration Text book
<b>5b</b>	Facial Treatment – practical Combination Dehydrated skin Consumables Specialised skin products, Eye make-up remover Cream, Mask (non-setting) Tapotement Aftercare	Demonstration Written activity Text book
<b>6a</b>	Eyebrow & Eyelash – practical	Demonstration

	Reshape, Maintenance Fair, Red, Dark, White Strip, Ind flare lashes Adhesives, Solvents Aftercare	Written activity Text book
<b>6b</b>	Threading – practical Eyebrows, Upper lip, Chin + side of face Mouth, Neck, Hand technique Reshape, Maintenance Aftercare	Demonstration Written activity Text book
<b>7a</b>	Make-up – practical Different age groups Dry, Oily, Combination Day, Evening, Special Aftercare	Demonstration Written activity Text book
<b>7b</b>	Promote products & services	Text book Written activity
<b>8a</b>	Practise	As required
<b>8b</b>	Practise	As required
<b>9a+b</b>	<b>ASSESSMENT DAY – ALL UNITS</b>	Practical & exam assessments
<b>10a+b</b>	<b>ASSESSMENT DAY – ALL UNITS</b>	Practical & exam assessments