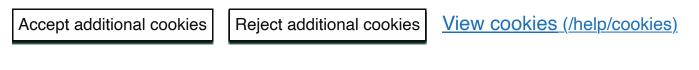
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- Healthcare workers, carers and care settings during coronavirus (https://www.gov.uk/coronavirus-taxon/healthcare-workers-carers-and-care-settings)
- COVID-19: infection prevention and control (IPC) (https://www.gov.uk/government/publications/wuhan-novel-coronavirus-infection-preventionand-control)
- UK Health Security Agency (https://www.gov.uk/government/organisations/uk-health-security-agency)

# Guidance **COVID-19: guidance for**

# maintaining services within health and care settings – infection prevention and control recommendations

Updated 29 September 2021

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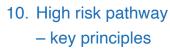
generating procedures – procedures that create a higher risk of respiratory infection transmission

7. Low risk pathway

- key principles

 Transmission based precautions (TBPs)

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# Main messages and explanation of updates

# 1 About this guidance

is guidance is issued jointly by the Department of Health and Social Care (DHSC), Public Health ales (PHW), Public Health Agency (PHA) Northern Ireland, Health Protection Scotland (HPS)/Nationa ervices Scotland, Public Health England (PHE) and NHS England as official guidance.

nendments have been made to strengthen existing messaging and provide further clarity where eded, including updates on the hierarchy of controls, clarity over the use of valved respirators, and ghlighting the need to protect those previously shielding and who are considered clinically extremely Inerable from coronavirus (COVID-19).

bllowing a clinical and scientific review, no changes to the recommendations, including personal otective equipment (PPE), have been made in response to the new variant strains at this stage, wever this position will remain under constant review. Organisations who adopt practices that differ on those recommended/stated in the national guidance are responsible for ensuring safe systems of ork, including the completion of a risk assessment approved through local governance procedures.

I NHS organisations should ensure reliable application of all infection prevention and control (IPC) commendations and assurance on adherence, that PPE is available and in supply, and that all staff aining is up to date.

is guidance seeks to ensure a consistent and resilient UK wide approach, however some differences operational details and organisational responsibilities may apply in Northern Ireland, England, Wales id Scotland.

ease note that this guidance is of a general nature and that an employer should consider the specific inditions of each individual place of work and comply with all applicable legislation, including the <u>Healt</u> Id Safety at Work etc. Act 1974 (https://www.legislation.gov.uk/ukpga/1974/37/contents).

ne IPC principles in this document apply to all health and care settings including acute, diagnostics, dependent sector, mental health and learning disabilities, primary care, care homes, care at home, aternity and paediatrics (this list is not exhaustive).

nis guidance does not apply to adult social care settings in England. Adult social care providers in ngland should refer to <u>existing guidance (https://www.gov.uk/government/collections/coronavirus-covid-19-soci</u>re-guidance) already in place. DHSC/PHE will continuously review this guidance and update as needed

is IPC guidance will be updated in line with service need and as the evidence evolves. The Iministrative measures outlined in the guidance are consistent with <u>World Health Organization (WHO)</u> <u>idance (https://www.who.int/publications/i/item/WHO-2019-nCoV-IPC-2021.1)</u>.

# 2 Main messages

cal and national prevalence and incidence data will continue to guide services as advised by countryecific/public health organisations. Identification of new variants of concern is inevitable and on each w identification evidence for any change in transmissibility, mode of transmission, disease severity ar iy evidence of vaccine evasion will need to be considered as well as local incidence and prevalence c iy new variant of concern. It may be necessary to change the IPC measures required on the basis of iy new evidence.

or further information on the variants of concern:

- <u>Threat Assessment Brief: Emergence of SARS-CoV-2 B.1.617 variants in India and situation in the EU/EEA (https://www.ecdc.europa.eu/en/publications-data/threat-assessment-emergence-sars-cov-2-b1617-variants)</u>
- Investigation of SARS-CoV-2 variants of concern: technical briefings
   (https://www.gov.uk/government/publications/investigation-of-novel-sars-cov-2-variant-variant-of-concern-20201201)

or further guidance on investigating and managing variants of concern:

Guidance for investigating and managing individuals with a possible or confirmed SARS-CoV-2
 Variant of Concern or Variant Under Investigation (https://www.gov.uk/government/publications/sars-cov-2
 voc-investigating-and-managing-individuals-with-a-possible-or-confirmed-case/guidance-for-investigating-and managing-individuals-with-a-possible-or-confirmed-sars-cov-2-variant-of-concern)

is data will continue to be used to ensure patients/individuals' treatment, care and support can be anaged in the 3 COVID-19 pathways, which remain as:

- high risk this includes patients/individuals who are confirmed COVID-19 positive by a SARS-CoVpolymerase chain reaction (PCR) test or are symptomatic and suspected to have COVID-19 (awaiting result)
- medium risk this includes patients/individuals who are waiting for their SARS-CoV-2 PCR test result and who have no symptoms of COVID-19 and individuals who are asymptomatic with COVII 19 contact/exposure identified
- low risk this includes patients/individuals who have been triaged/tested (negative)/clinically assessed with no symptoms or known recent COVID-19 contact/exposure

ensure maximum workplace risk mitigation, organisations should undertake local risk assessments used on the measures as prioritised in the hierarchy of controls. If an unacceptable risk of transmission mains following this <u>risk assessment (https://www.england.nhs.uk/coronavirus/publication/every-action-counts/</u> may be necessary to consider the extended use of respiratory protective equipment (RPE) for patient ure in specific situations. The risk assessment should include evaluation of the ventilation in the area, ind prevalence of infection/new variants of concern in the local area.

dividuals who are clinically extremely vulnerable from COVID-19 will require protective IPC measures pending on their medical condition and treatment whilst receiving healthcare, for example priority for ngle room isolation.

essional use of single use PPE/RPE items continues to be minimised and only applies to extended us face masks (all pathways) or filtering face piece (FFP3) respirators (together with eye/face protection the medium and high risk pathways for healthcare workers (HCWs) where airborne precautions are dicated.

the use of face masks or face coverings across the UK remains as an IPC measure. In addition to soci stancing, hand hygiene for staff, patients/individuals and visitors is advised in both clinical and nonnical areas to further reduce the risk of transmission.

atients in all care areas should still be encouraged and supported to wear a face mask, providing it is lerated and is not detrimental to their medical or care needs.

nysical distancing of 2 metres remains in place as standard practice in all health and care settings, iless providing clinical or personal care and wearing appropriate PPE.

atients/individuals on a low-risk pathway require standard infection control precautions (SICPs) for all re including surgery or procedures.

iaging and SARS-CoV-2 testing must be undertaken for all patients either at point of admission or as ion as possible/practical following admission across all the pathways.

ne IPC measures recommended are underpinned by the <u>National Infection Prevention and Control</u> <u>anual (NIPCM) practice guide and associated literature reviews (http://www.nipcm.hps.scot.nhs.uk/)</u>. NHS ngland is using this an opportunity to introduce and adopt the NICPM as set out in the <u>UK Five-year</u> <u>ickling Antimicrobial Resistance National Action Plan (2019 to 2024)</u> <u>tps://www.gov.uk/government/publications/uk-5-year-action-plan-for-antimicrobial-resistance-2019-to-2024)</u>.

# **3 Explanation of the updates to IPC guidance**

ne guidance is issued jointly by DHSC, PHW, PHA Northern Ireland, HPS/National Services Scotland, -E and NHS England for health and care organisations as the UK moves to maintain healthcare rvices. The content is consistent with the administrative measures outlined in <u>WHO IPC during</u> <u>salthcare when COVID-19 is suspected or confirmed: Interim Guidance, June 2020</u> <u>ttps://apps.who.int/iris/handle/10665/332879</u>). In addition, the updates to this guidance are informed by the uper produced for the Scientific Advisory Group for Emergencies <u>Masks for healthcare workers to</u> <u>itigate airborne transmission of SARS-CoV-2 (23 April 2021)</u> <u>ttps://www.gov.uk/government/publications/emg-masks-for-healthcare-workers-to-mitigate-airborne-transmission-ofrs-cov-2-25-march-2021</u>).

aintaining services continues to require 'new ways' of working during the ongoing pandemic. Continua sessment of the available evidence/science and feedback from guidance users, professional bodies id associations, has identified the amendments required to the guidance to assist in supporting rvices in this 'new and changing' environment whilst COVID-19 remains a threat. This is based upon nerging evidence, experience and expert opinion.

# 4 Main changes to the guidance

ne main amendments to this version of the guidance are:

 Inclusion of the hierarchy of controls as these apply to COVID-19, with definitions and supporting materials for implementation. Also, where an unacceptable risk of transmission remains following the hierarchy of controls risk assessment, it may be necessary to consider the extended use of RP for patient care in specific situations. The risk assessment should include evaluation of the ventilation in the area, operational capacity, and prevalence of infection/new variants of concern in the local area.

- 2. Further advice on the use of valved respirators with examples of sterile procedures in the clinical setting.
- 3. Further advice on minimising sessional or extended use of gowns where cohorts of confirmed COVID-19 patients are managed and there is a lack of single rooms/isolation rooms.
- Amendment to the aerosol generating procedure (AGP) list to state 'upper gastro-intestinal endoscopy where open suction of the upper respiratory tract occurs beyond the oro-pharynx'.
- 5. Individuals who are clinically extremely vulnerable from COVID-19 will require protective IPC measures depending on their medical condition and treatment whilst receiving healthcare, for example, priority for single room isolation.

# Introduction

#### 1 Scope and purpose

is document sets out the IPC advice for health and care organisations as the UK continues to mainta althcare services during the ongoing pandemic.

The IPC principles in this document apply to all health and care settings, including the dependent/private sector, mental health and learning disabilities, primary care areas, care homes, car home, maternity and paediatrics (this list is not exhaustive, please refer to specific country resources r setting specific guidance). It includes key IPC control recommendations and includes risk assessed tient pathway scenarios to help guide the implementation of measures to provide safe and effective re locally and is based on the best available evidence.

ne challenge facing the NHS is to maintain healthcare services and manage NHS capacity whilst oviding a safe and equitable service for staff, visitors and patients/individuals including those who may esent with COVID-19, those who have recovered from COVID-19 and those with no history of COVID ), until public health strategies such as mass vaccination are complete.

aintaining services requires a continuous review of ways of working to respond to the pandemic and idance for working in a changing environment requires continual and ongoing development based on emerging evidence, experience and expert opinion.

hile this document seeks to ensure a consistent and resilient UK-wide approach, some differences in verational details and organisational responsibilities may apply, where current legislation, guidance, fo cample, clinical definitions, already exists. Links can be accessed in the resources below.

is guidance does not apply to adult social care settings in England given <u>existing guidance for adult</u> <u>icial care settings (https://www.gov.uk/government/collections/coronavirus-covid-19-social-care-guidance)</u> has ready been provided and continues to be relevant. DHSC/PHE will continuously review this guidance id update as needed.

is document does not provide links throughout the sections. Follow the country-specific resources, fo ample visiting guidance, testing, discharge policies. C COVID-19 resources for:

- England can be found at <u>Infection Prevention and Control supporting documentation</u> (<u>https://www.england.nhs.uk/coronavirus/publication/infection-prevention-and-control-supporting-documentation/</u> and <u>coronavirus (COVID-19) (https://www.gov.uk/coronavirus)</u>
- Scotland can be found at <u>COVID-19 compendium (https://hps.scot.nhs.uk/web-resources-container/covid\_19-compendium/)</u> and <u>Scottish COVID-19 Infection Prevention and Control Addendum for Acute</u> <u>Settings (http://www.nipcm.hps.scot.nhs.uk/scottish-covid-19-infection-prevention-and-control-addendum-for-acute-settings/)</u>
- Wales can be found at <u>Health and social care professionals: coronavirus (https://gov.wales/health-professionals-coronavirus)</u>
- Northern Ireland can be found at <u>Guidance for professionals and organisations</u>
   (<u>https://www.publichealth.hscni.net/covid-19-coronavirus/guidance-professionals-and-organisations)</u>

In Inter updates will be made to this document as new data/evidence emerges and as the <u>COVID-19</u> <u>ert levels change</u>

<u>tps://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment\_data/file/884352/slides\_</u> <u>1\_05\_2020.pdf</u>). This is a scale of 1 to 5 which the UK government uses to reflect the degree of threat t e country from the current COVID-19 pandemic.

# Governance and responsibilities

rganisations and employers including NHS Trusts, NHS Boards, Health and Social Care Trusts lorthern Ireland), local authorities, and independent sector providers, through their Chief Executive ficer (CEO) or equivalent, must ensure:

- monitoring of IPC practices, as recommended in this guidance, and ensure that resources are in place to implement and measure adherence to good IPC practice. This must include all care areas and all staff (permanent, agency and external contractors)
- testing and self-isolation strategies are in place with a local policy for the response if transmission rates of COVID-19 increase
- training in IPC measures is provided to all staff, including: the correct use of PPE including a face f
  test if wearing a FFP3, respirator, and the correct technique for putting on and removing
  (donning/doffing) safely
- risk assessment(s) is undertaken for any staff members in at risk or clinically extremely vulnerable groups, including pregnant and Black, Asian and Minority Ethnic (BAME) staff. Guidance on carryir out risk assessments can be found by following the links to the <u>country specific resources in sectio</u> <u>2.1</u>
- patients/individuals at high risk/extremely high risk of severe illness are protected from COVID-19. This must include consideration of families and carers accompanying patients/individuals for treatments/procedures
- health and care settings are COVID-19 secure workplaces as far as practical, that is, that any workplace risk(s) are mitigated maximally for everyone. This may entail local risk assessments based on the measures as prioritised in the hierarchy of controls in the context of managing infectious agents and should be communicated to staff

sclaimer:

hen an organisation adopts practices that differ from those recommended/stated in this national idance, that individual organisation is responsible for ensuring safe systems of work, including the impletion of a risk assessment(s) approved through local governance procedures, for example tegrated Care System level, Health Board.

# **COVID-19 care pathways**

nese pathways are specific to the COVID-19 pandemic and are examples of how organisations may parate COVID-19 risks. It is important to note that these pathways do not necessarily define a service a particular pathway and should not impact the delivery and duration of care for the patient or dividual. Moving patients between pathways should be based on their infectious status (testing quired), clinical need, availability of services and this should be agreed locally. Implementation rategies must be underpinned by patient/procedure risk assessment, appropriate testing regimens (as er organisations or country specific) and epidemiological data. Additional information on specific ettings can be found in: NICE (2020) <u>COVID-19 rapid guideline: arranging planned care in hospitals ar</u> <u>agnostic services (https://www.nice.org.uk/guidance/ng179/resources/covid19-rapid-guideline-arranging-plannedre-in-hospitals-and-diagnostic-services-pdf-66141969613765)</u>.

iaging and testing within all health and other care facilities must be undertaken to enable early cognition of COVID-19 cases. See <u>Appendix 1</u>

<u>tps://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment\_data/file/1021294/20210118</u> <u>OVID-19\_Infection\_prevention\_control\_Appendix\_1\_Sample\_triage\_tool.pdf</u>) for an example of triage questions iage should be undertaken by clinical staff who are trained and competent in the application of the <u>nical case definition (https://www.gov.uk/government/publications/wuhan-novel-coronavirus-initial-investigation-of</u> <u>ssible-cases/investigation-and-initial-clinical-management-of-possible-cases-of-wuhan-novel-coronavirus-wn-cov-</u> <u>ection</u>) prior to arrival at a care area, or as soon as possible on arrival, and allocated to the appropriate thway. This should include screening for other infections/multi-drug resistant organisms, including as r national screening requirements.

fection risk and IPC precautions, for example SICPs or transmission based precautions (TBPs) must communicated between care areas/pathways, including when discharge planning.

atients with respiratory symptoms should be assessed in a segregated area, ideally a single room, anding test result to define the causative organism.

dividuals who are clinically extremely vulnerable from COVID-19 will require protective IPC measures pending on their medical condition and treatment whilst receiving healthcare, for example priority for ngle room isolation.

# 1 High risk COVID-19 pathway

ny care facility where:

Untriaged individuals present for assessment or treatment (symptoms unknown).

Confirmed SARS-CoV-2 PCR positive individuals are cared for.

Symptomatic or suspected COVID-19 individuals including those with a history of contact with a OVID-19 case, who have been triaged/clinically assessed and are waiting test results.

Symptomatic individuals decline testing.

camples of patient (individual) groups/facilities within this pathway (this list is not exhaustive):

- designated areas within emergency/resuscitation departments
- GP surgeries/walk-in centres
- facilities where confirmed or suspected/symptomatic COVID-19 individuals are cared for, for example:
  - emergency admissions to inpatient areas (adult and children)
  - mental health
  - maternity
  - critical care units
  - renal dialysis units

# 2 Medium risk COVID-19 pathway

ny care facility where:

Triaged/clinically assessed individuals are asymptomatic and are waiting a SARS-CoV-2 PCR test sult.

Triaged/clinically assessed individuals are asymptomatic with COVID-19 contact/exposure identified.

Testing is not required or feasible on asymptomatic individuals and infectious status is unknown.

Asymptomatic individuals decline testing.

camples of patient (individual) groups/facilities within this pathway (this list is not exhaustive):

- designated areas within emergency/resuscitation departments, GP surgeries and walk-in centres
- non-elective admissions
- primary care facilities, for example general dental and general practice
- facilities where individuals are cared for, for example:
  - inpatients (adult and children)

- mental health
- maternity
- critical care units
- outpatient departments including diagnostics and endoscopy
- care homes\*
- prisons

his guidance does not apply to adult social care settings in England.

# 3 Low risk COVID-19 pathway

ny care facility where:

Triaged/clinically assessed individuals with no symptoms or known recent COVID-19 ntact/exposure.

ıd

ave a negative SARS-CoV-2 PCR test within 72 hours of treatment and, for planned admissions, have If-isolated for the required period or from the test date.

Individuals who have recovered (14 days) from COVID-19 and have had at least 48 hours without ver or respiratory symptoms.

Patients or individuals are part of a regular formal NHS testing plan and remain negative and symptomatic.

camples of the patient (individual) groups/facilities within this pathway (this list is exhaustive):

- planned/elective surgical procedures including day cases
- oncology/chemotherapy patients and/or facilities
- planned inpatient admissions (adult and children), mental health, maternity
- outpatients including diagnostics/endoscopy
- care homes\*
- prisons

his guidance does not apply to adult social care settings in England.

#### 4 Administration measures for the pathways

1. Establish separation of patient pathways and staff flow to minimise contact between pathways. For example, this could include provision of separate entrances and exits (if available) or use of one-way entrance and exit systems, clear signage and restricted access to communal areas:

- care areas (for example, ward, clinic, GP practice, care home) may designate self-contained area(s) or ward(s) for the treatment and care of patients/individuals at high, medium and low risk of COVID-19. Temporal separation may be used in clinics/primary care settings
- as a minimum in smaller facilities or primary care outpatient settings physical or temporal separation of patients/departments at high risk of COVID-19 from the rest of the facility/patien
- 2. Ensure that hygiene facilities, IPC measures and messaging are available for all patients/individuals, staff and visitors to minimise COVID-19 transmission such as:
  - hand hygiene facilities including instructional posters
  - good respiratory hygiene measures
  - maintaining physical distancing of 2 metres at all times (unless wearing PPE due to clinical care or personal care as per pathways)
  - increasing frequent decontamination of equipment and environment
  - considering improving ventilation by opening windows (natural ventilation) if mechanical ventilation is not available
  - clear advice on use of face coverings and face masks by patients/individuals, visitors and by staff in non-patient facing areas this will include:
    - use of face masks/coverings by all outpatients (if tolerated) and visitors when entering a hospital, GP/dental surgery or other care settings
    - use of a surgical face mask (Type II or Type IIR) by all patients across all pathways, if thi can be tolerated and does not compromise their clinical care, such as when receiving oxygen therapy. This will minimise the dispersal of respiratory secretions and reduce environmental contamination
    - extended use of face masks by all staff in both clinical and non-clinical areas within the healthcare or care setting
    - where visitors are unable to wear face coverings due to physical or mental health conditions or a disability, clinicians/person in charge should consider what other IPC measures are in place, such as physical distancing and environmental cleaning, to ensur sufficient access depending on the patient's condition and the care pathway
- 3. Where possible and clinically appropriate remote consultations rather than face-to-face should be offered to patients/individuals.
- 4. Ensure restricted access between pathways if possible (depending on size of the facility, prevalence/incidence rates), by other patients/individuals, visitors or staff, including patient transfer and in communal staff areas (changing rooms/restaurant). If the prevalence/incidence rates decline this may not be necessary between pathways providing the IPC measures are reliably maintained.
- 5. Ensure areas/wards are clearly signposted, using physical barriers as appropriate to ensure patients/individuals and staff understand the different risk areas.
- Ensure local standard operating procedures detail the measures to segregate equipment and staff, including planning for emergency scenarios, as the prevalence/incidence of COVID-19 may increase or decrease until cessation of the pandemic.
- 7. Ensure a rapid and continued response through ongoing surveillance of rates of infection within the local population and for hospital/organisation onset cases (staff and patients/individuals). Positive cases identified after admission who fit the criteria for a healthcare associated infection should trigger a case investigation. If 2 or more cases are linked in time and place, an outbreak investigation should be conducted. Refer to country-specific definitions.

- B. If the prevalence/incidence rate for COVID-19 is high, where possible, assign separate teams of health and other care workers, including domestic staff, to care for individuals in isolation/cohort rooms or areas/pathways. If a member of staff is required to move between sites/hospitals/cohort areas due to the unique function of their role, all IPC measures including physical distancing must be maintained.
- Providers of planned services should be responsive to local and national prevalence/incidence dat on COVID-19 and adapt processes so that services can be stepped-up or down. This can be assessed using the respective countries weekly COVID-19 surveillance report/SARS-CoV-2 positivity data on admission, and local capacity and resources.
- 0. Safe systems of work outlined in the <u>hierarchy of controls</u>

(https://www.cdc.gov/niosh/topics/hierarchy/default.html) including elimination, substitution, engineering, administrative controls and PPE/RPE are an integral part of IPC measures. Organisations should undertake risk assessments based on these measures, prioritised in the hierarchy of controls in the context of managing infectious agents. If an unacceptable risk of transmission remains following a risk assessment taking these controls into account, it may be necessary to consider the extended use of RPE for patient care in specific situations. The risk assessment should include evaluation of the ventilation in the area, operational capacity, and prevalence of infection/new variants of concer in the local area.

upporting tools for local risk assessment are available at <u>NHS England Every Action Counts Resource</u> tps://www.england.nhs.uk/coronavirus/publication/every-action-counts/).

# **5 Community settings**

eas where triaging for COVID-19 is not possible, for example community pharmacies:

- signage at entry points advising of the necessary precautions
- staff should maintain 2 metres physical distance with customers/service users, using floor marking clear screens or wear surgical face masks (Type IIR) where this is not possible
- patients/individuals with symptoms should be advised not to enter the premises

# 6 Outpatient/primary/day care

outpatient, primary care and day care settings:

- where possible and appropriate, services should utilise virtual consultation
- if attending outpatients or diagnostics, service providers should consider timed appointments and strategies such as asking patients/individuals to wait to be called to the waiting area with minimum wait times
- patients/individuals should not attend if they have symptoms of COVID-19 or are isolating as a contact/exposure and communications should advise actions to take in such circumstances for example for patients/individuals receiving chemotherapy and renal dialysis
- communications prior to appointments should provide advice on what to do if patients/individuals suspect they have come into contact with someone who has COVID-19 prior to their appointment
- outpatient letters should be altered to advise patients/individuals on parking, entrances, IPC precautions and COVID-19 symptoms

- patients/individuals must be instructed to remain in waiting areas and not visit other parts of the facility
- prior to admission to the waiting area, all patients/individuals and accompanying persons should be triaged for COVID-19 symptoms and assessed for exposure to contacts
- patients/individuals and accompanying persons will also be asked to wear a mask/face covering at all times

ARS-CoV-2 confirmed positive patients/individuals or those self-isolating should still be assessed and viewed following the high/medium care pathway in these settings, to ensure urgent atment/appointments are accommodated. This is important to avoid unwarranted poor patient itcomes.

some clinical outpatient settings, such as vaccination/injection clinics, where contact with individuals inimal, the need for PPE items for each encounter, for example gloves and aprons are only commended when there is (anticipated) exposure to blood/body fluids or non-intact skin. Staff Iministering vaccinations/injections must apply hand hygiene between patients and wear a sessional ce mask.

# Standard infection prevention control precautions (SICPs) - all pathways or attings

CPs are the basic IPC measures necessary to reduce the risk of transmitting infectious agents from oth recognised and unrecognised sources of infection and are required across all COVID-19 pathways ources of (potential) infection include blood and other body fluids secretions or excretions (excluding veat), non-intact skin or mucous membranes and any equipment or items in the care environment that ould have become contaminated.

ne application of SICPs during care delivery is determined by an assessment of risk to and from dividuals and includes the task, level of interaction and/or the anticipated level of exposure to blood nd/or other body fluids.

CPs must therefore be used by all staff, in all care settings, at all times and for all patients/individuals, nether infection is known or not, to ensure the safety of patients/individuals, staff and visitors. This inction highlights the key measures for the COVID-19 pathways. Please refer to the practice guide\* for Iditional information on the other elements which remain unchanged.

ne elements of SICPs are:

- patient placement and assessment for infection risk (screening/triaging/testing)
- hand hygiene
- respiratory and cough hygiene
- personal protective equipment
- safe management of the care environment
- safe management of care equipment
- safe management of healthcare linen
- safe management of blood and body fluids

- safe disposal of waste (including sharps)
- occupational safety: prevention and exposure management
- maintaining social/physical distancing (new SICP due to COVID-19)

'ractice guides and literature reviews to support SICPs can be found for <u>England and Scotland</u> <u>tp://www.nipcm.hps.scot.nhs.uk/</u>), <u>Wales (https://phw.nhs.wales/services-and-teams/harp/infection-prevention-andntrol/nipcm/</u>) and <u>Northern Ireland (https://www.niinfectioncontrolmanual.net/</u>).

# **1** Personal protective equipment (PPE)

or the purpose of this document, the term 'personal protective equipment' is used to describe products at are either PPE or medical devices that are approved by the Health and Safety Executive (HSE) and e Medicines and Healthcare products Regulatory Agency (MHRA) as protective solutions in managing e COVID-19 pandemic.

cal or <u>national uniform policies (https://www.england.nhs.uk/about/equality/equality-hub/uniforms-and-workwea</u> ould be considered when wearing PPE.

I PPE should be:

- located close to the point of use (where this does not compromise patient safety, for example, mental health/learning disabilities). In domiciliary care PPE must be transported in a clean receptacle
- stored safely and in a clean, dry area to prevent contamination
- within expiry date (or had the quality assurance checks prior to releasing stock outside this date)
- single use unless specified by the manufacturer or as agreed for extended/sessional use including surgical face masks
- changed immediately after each patient and/or after completing a procedure or task (unless sessional use has been agreed and local risk assessment undertaken)
- disposed into the correct waste stream depending on setting, for example domestic waste/offensiv (non-infectious) or infectious clinical waste
- discarded if damaged or contaminated
- safely doffed (removed) to avoid self-contamination. See <u>guidance on donning (putting on) and</u> <u>doffing (removing) (https://www.gov.uk/government/publications/covid-19-personal-protective-equipment-usefor-aerosol-generating-procedures)</u>
- decontaminated after each use following manufacturer's guidance if reusable PPE is used, specifically non-disposable goggles/face shields/visors

oves must:

- be worn when exposure to blood and/or other body fluids, non-intact skin or mucous membranes is anticipated or likely\*
- be changed immediately after each patient and/or after completing a procedure/task even on the same patient
- be put on immediately before performing an invasive procedure and removed on completion

• not be decontaminated with alcohol based hand rub (ABHR) or soap between use

puble gloving is not recommended for routine clinical care of COVID-19 cases.

'inyl medical gloves should only be worn in care situations where there is no anticipated exposure to cod and/or body fluids.

prons must be:

- · worn to protect uniform or clothes when contamination is anticipated or likely
- worn when providing direct care within 2 metres of suspected/confirmed COVID-19 cases
- changed between patients and/or after completing a procedure or task

Ill body gowns or fluid repellent coveralls must be:

- worn when there is a risk of extensive splashing of blood and/or body fluids
- worn when undertaking AGPs
- worn when a disposable apron provides inadequate cover for the procedure or task being performe (surgical procedures)
- changed between patients/individuals and immediately after completing a procedure or task

/e or face protection (including full-face visors) must:

- be worn if blood and/or body fluid contamination to the eyes or face is anticipated or likely for example, by members of the surgical theatre team and always during AGPs
- not be impeded by accessories such as piercings or false eyelashes
- not be touched when being worn

egular corrective spectacles are not considered as eye protection.

uid resistant surgical face mask (FRSM Type IIR) masks must:

- be worn with eye protection if splashing or spraying of blood, body fluids, secretions or excretions onto the respiratory mucosa (nose and mouth) is anticipated or likely
- be worn when providing direct care within 2 metres of a suspected/confirmed COVID-19 case
- be well-fitting and fit for purpose, fully cover the mouth and nose (manufacturer's instructions must be followed to ensure effective fit and protection)
- not be touched once put on or allowed to dangle around the neck
- be replaced if damaged, visibly soiled, damp, uncomfortable or difficult to breathe through

Irgical face masks Type II must be:

 worn for extended use by HCWs when entering the hospital or care setting (Type IIR is also suitable). Type I is suitable in some settings, refer to the <u>country specific resources in section 2.1</u>

ead/footwear:

- headwear is not routinely required in clinical areas (even if undertaking an AGP) unless part of theatre attire or to prevent contamination of the environment such as in clean rooms
- headwear worn for religious reasons (for example, turban, kippot veil, headscarves) are permitted provided patient safety is not compromised - these must be washed and/or changed between each shift or immediately if contaminated and comply with additional attire in, for example, theatres
- foot/shoe coverings are not required or recommended for the care of COVID-19 cases

<sup>•</sup>E may restrict communication with some individuals and other ways of communicating to meet their eds should be considered.

# Aerosol generating procedures – procedures that create a higher risk of spiratory infection transmission

AGP is a medical procedure that can result in the release of airborne particles (aerosols) from the spiratory tract when treating someone who is suspected or known to be suffering from an infectious jent transmitted wholly or partly by the airborne or droplet route.

is is the list of medical procedures for COVID-19 that have been reported to be aerosol generating ar e associated with an increased risk of respiratory transmission:

- tracheal intubation and extubation
- manual ventilation
- tracheotomy or tracheostomy procedures (insertion or removal)
- bronchoscopy
- dental procedures (using high speed devices, for example ultrasonic scalers/high speed drills)
- non-invasive ventilation (NIV); bi-level positive airway pressure ventilation (BiPAP) and continuous positive airway pressure ventilation (CPAP)
- high flow nasal oxygen (HFNO)
- high frequency oscillatory ventilation (HFOV)
- induction of sputum using nebulised saline
- respiratory tract suctioning\*
- upper ear, nose and throat (ENT) airway procedures that involve respiratory suctioning\*
- upper gastro-intestinal endoscopy where open suction of the upper respiratory tract\* occurs beyon the oro-pharynx
- high speed cutting in surgery/post-mortem procedures if respiratory tract/paranasal sinuses involve

he available evidence relating to respiratory tract suctioning is associated with ventilation. In line with ecautionary approach, open suctioning of the respiratory tract regardless of association with ventilatic is been incorporated into the current (COVID-19) AGP list. It is the consensus view of the UK IPC cell at only open suctioning beyond the oro-pharynx is currently considered an AGP, that is oral/pharynge ictioning is not an AGP. The evidence on respiratory tract suctioning is currently being reviewed by the 3P Panel which is an independent panel set up by the 4 Chief Medical Officers (CMOs) to review new further evidence for consideration.

ertain other procedures or equipment may generate an aerosol from material other than patient ecretions but are not considered to represent a significant infectious risk for COVID-19. Procedures in is category include administration of humidified oxygen, administration of Entonox or medication via ebulisation.

ne New and Emerging Respiratory Viral Threat Assessment Group (NERVTAG) advised that during ebulisation, the aerosol derives from a non-patient source (the fluid in the nebuliser chamber) and doe nt carry patient-derived viral particles. If a particle in the aerosol coalesces with a contaminated mucou embrane, it will cease to be airborne and therefore will not be part of an aerosol. Staff should use propriate hand hygiene when helping patients to remove nebulisers and oxygen masks. In addition, e current expert consensus from NERVTAG (https://www.swast.nhs.uk/assets/1/cpr\_as\_an\_agp\_vidence\_review\_and\_nervtag\_consensus.pdf#:~:text=NERVTAG%20consensus%20statement%20on%20Cardiopu pary%20Resuscitation%20%28CPR%29%20as,increased%20risk%20of%20transmission%20of%20acute%20resg pry%20infections) is that chest compressions are not considered to be procedures that pose a higher ris r respiratory infections including COVID-19.

Irther information on AGPs for neonates (https://hubble-live-

sets.s3.amazonaws.com/bapm/redactor2\_assets/files/729/COVID\_\_FAQ\_19.10.20.docx.pdf) and a literature view for AGPs during COVID-19 (https://hps.scot.nhs.uk/web-resources-container/sbar-assessing-the-evidence se-for-medical-procedures-which-create-a-higher-risk-of-respiratory-infection-transmission-from-patient-to-healthcar vrker/) are available.

# Low risk pathway – key principles

is pathway applies to any care facility where:

Triaged/clinically assessed individuals with no symptoms or known recent COVID-19 intact/exposure.

ıd

ave a negative SARS-CoV-2 PCR test result within 72 hours of treatment and, for planned admissions ive self-isolated for the required period or from the test date.

Individuals who have recovered (14 days) from COVID-19 and have had at least 48 hours without ver or respiratory symptoms.

Patients or individuals are part of a regular formal NHS testing plan and remain negative and symptomatic.

inicians should advise people who are at greater risk of getting COVID-19, or having a poorer outcom om it, that they may want to self-isolate for 14 days before a planned procedure. The decision to selfplate will depend on their individual risk factors and requires individualised care and shared decision aking. ome individuals who have recovered from COVID-19 may continue to test positive for SARS-CoV-2 by CR for up to 90 days from their initial illness onset. If they do not have any new COVID-19 symptoms id have not had a known COVID-19 exposure they are unlikely to be infectious. However, advice iould be sought from an infection specialist (infectious disease/virologist/microbiologist) for severely imunosuppressed individuals who continue to test positive.

atients/individuals on a low risk pathway require SICPs for all care including surgery or procedures.

# 1 Maintaining physical distancing

I staff and other care workers must maintain social/physical distancing of 2 metres where possible nless providing clinical or personal care and wearing PPE as per care pathway).

# 2 Personal protective equipment

<sup>2</sup>E required for SICPs when following the low risk pathway is as follows:

SICPs/PPE (all settings / all patients/individuals)	Disposable gloves	Disposable apron/gown	Face masks	Eye/face protection (visor)
f contact with blood and/or body fluids is anticipated	Single use	Single use apron (gown if risk of spraying / splashing)	FRSM Type IIR for direct patient care and surgical mask Type II* for extended use	Risk assess and use if required for care procedure/task where anticipated blood/body fluids spraying/splashes

essional/extended use of face masks applies across the UK for HCWs in any health or other care ttings.

rborne precautions are not required for AGPs on patients/individuals in the low risk COVID-19 pathwa oviding the patient has no other known or suspected infectious agent transmitted via the droplet or borne route.

# 3 Safe management of environment/equipment and blood/body fluids

uring the pandemic, the frequency of cleaning of both the environment and equipment in care (patient eas should be increased to at least twice daily, this includes frequently touched sites/points and immunal facilities such as shared toilets.

the low risk COVID-19 pathway, organisations may choose to revert to general purpose detergents fc eaning, as opposed to widespread use of disinfectants (with the exception of blood and body fluids, here a chlorine releasing agent (or a suitable alternative) solution should be used).

#### 3.1 Safe management of waste

aste must be segregated in line with the respective countries' national regulation and there is no quirement to dispose of all waste as infectious waste in the low risk pathway.

#### 3.2 Operating theatres and procedure rooms

ithin the low risk COVID-19 pathway, standard theatre cleaning and time for air changes provides propriate levels of IPC and there is no requirement for additional cleaning or theatre down time unles e patient has another infectious agent that requires additional IPC measures.

# 4 Aerosol generating procedures (AGPs): procedures that create a higher risk c spiratory infection transmission

rborne precautions are not required for AGPs on patients/individuals in the low risk COVID-19 pathwa oviding the patient has no other known or suspected infectious agent transmitted via the droplet or 'borne route.

nere is no additional requirement for ventilation or downtime in this pathway, providing safe systems or ork, including engineering controls are in place.

#### 4.1 Critical care areas

oviding suspected/confirmed COVID-19 cases can be cared for in single rooms or isolation rooms, the partment should no longer be classified as an AGP 'hot spot' or 'high risk area'. This should be define cally depending on prevalence/incidence data and the subsequent pathway assigned. This negates the quirement for the routine wearing of airborne PPE including a respirator in the low risk COVID-19 thway.

#### 4.2 Operating theatres

atients/individuals in the low risk COVID-19 pathway do not need to be anaesthetised or recovered in e operating theatre if intubation/extubation (AGP) is required.

# **5 Visitor guidance**

s outlined in the <u>administration measures for the pathways (section 4.4)</u>, hand hygiene and respiratory giene, and the wearing of a face covering (if tolerated) along with social distancing should be icouraged and maintained. Therefore visitors require no additional PPE. Visitors should be triaged.

# 6 Discharge or transfer

here is no restriction on discharge unless the patient/individual is entering a long-term care facility here testing may be required. If someone in the patient's household has COVID-19 or is a contact of  $\epsilon$  DVID-19 case and is self-isolating, the discharge guidance will be provided by the clinician.

England, to ensure testing does not delay a timely discharge to a care home, all patients who have eviously tested negative should be re-tested for SARS-CoV-2 again 48 hours prior to discharge. Imunocompetent patients who have tested positive within the previous 90 days, and remain symptomatic, do not need to be re-tested. The information from the test results, with any supporting ire information, must be communicated and transferred to the relevant care home. No one should be scharged from hospital directly to a care home without the involvement of the local authority.

scharge arrangements may differ between countries, refer to <u>country specific resources in section 2.1</u>

# **Transmission based precautions (TBPs)**

3Ps are additional measures (to SICPs) required when caring for patients/individuals with a known or spected infection such as COVID-19.

3Ps are based upon the route of transmission and include the following precautions:

#### **Contact precautions**

sed to prevent and control infections that spread via direct contact with the patient or indirectly from th itient's immediate care environment (including care equipment). This is the most common route of oss-infection transmission. COVID-19 can be spread via this route.

#### **Droplet precautions**

sed to prevent and control infections spread over short distances (at least 3 feet/1 metre) via droplets  $5\mu$ m) from the respiratory tract of individuals directly onto a mucosal surface or conjunctivae of anothe dividual. Droplets penetrate the respiratory system to above the alveolar level. COVID-19 is edominantly spread via this route and the precautionary distance has been maintained at 2 metres in the settings.

#### **Airborne precautions**

sed to prevent and control infection spread without necessarily having close patient contact via rosols ( $\leq 5\mu$ m) from the respiratory tract of one individual directly onto a mucosal surface or njunctivae of another individual. Aerosols penetrate the respiratory system to the alveolar level. DVID-19 can spread via this route. This can be mitigated by safe systems of work outlined in the erarchy of controls. AGPs increase the risk of spread by the airborne route.

# **1** Transmission characteristics

ansmission of SARS-CoV-2 implications for infection prevention precautions is contained within the <u>HO scientific briefing paper (https://www.who.int/news-room/commentaries/detail/transmission-of-sars-cov-2-plications-for-infection-prevention-precautions)</u> and <u>CDC's scientific brief (https://www.cdc.gov/coronavirus/2019 ov/more/scientific-brief-sars-cov-2.html)</u>.

terature reviews to support evidence for transmission characteristics

tps://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment\_data/file/979441/S1169\_Fac asks\_for\_health\_care\_workers.pdf) and TBPs (http://www.nipcm.hps.scot.nhs.uk/resources/literature-reviews/) are railable.

w SARS-CoV-2 variants of concern have been identified in the UK. For further information on the iriants refer to <u>Threat Assessment Brief: Emergence of SARS-CoV-2 B.1.617 variants in India and</u> <u>uation in the EU/EEA (https://www.ecdc.europa.eu/en/publications-data/threat-assessment-emergence-sars-covp1617-variants)</u> and <u>Investigation of SARS-CoV-2 variants of concern: technical briefings</u> <u>tps://www.gov.uk/government/publications/investigation-of-novel-sars-cov-2-variant-variant-of-concern-202012011)</u>.

# Medium risk pathway – key principles

is pathway applies to any care facility where:

Triaged/clinically assessed individuals are asymptomatic and are waiting a SARS-CoV-2 PCR test sult.

Triaged/clinically assessed individuals are asymptomatic with COVID-19 contact/exposure identified.

Testing is not required or feasible on asymptomatic individuals and therefore infectious status is known.

Asymptomatic individuals decline testing.

# 1 Maintaining physical distancing and patient placement

is important to:

- maintain physical distancing of 2 metres at all times (unless the member of staff is wearing appropriate PPE to provide clinical care) and to advise other patients/visitors to comply
- ensure cohorted patients/individuals are physically separated from each other, for example with screens and privacy curtains between the beds to minimise opportunities for close contact - this should be locally risk assessed to ensure patient safety is not compromised

# 2 Personal protective equipment: patients/individuals with no COVID-19 /mptoms and no test results

PPE required by type of ransmission/exposure:	Disposable gloves	Disposable apron/gown	Face masks	Eye/face protection (visor)*
Droplet/contact PPE for direct patient care <2 netres	Single use**	Single use apron (gown required if risk of spraying/splashing)	FRSM Type IIR†	Single use or reusable?
Airborne PPE (when Indertaking or if AGPs are likely)	Single use	Single use apron or gown	FFP3tt or respirator/ hood for AGPs	Single use or reusable

FRSM can be worn sessionally if providing care for COVID-19 cohorted patients/individuals.

FFP3 can be worn sessionally (includes eye/face protection) in high risk areas where AGPs are idertaken for COVID-19 cohorted patients/individuals.

lisk assess and use if required for care procedure/task where anticipated blood/body fluids raying/splashes.

Gloves are not required when: undertaking administrative tasks, for example using the telephone, usir computer or tablet, writing in the patient chart; giving oral medications, distributing or collecting patien stary trays.

# 3 Safe management of care environment/equipment/blood and body fluids

#### 3.1 Equipment

portant considerations in the use of equipment are:

- patient care equipment should be single use items where practicable
- reusable (communal) non-invasive equipment should be allocated to an individual patient or cohori of patients/individuals
- all reusable (communal) non-invasive equipment must be decontaminated:
  - between each and after patient/individual
  - after blood and body fluid contamination
  - at regular intervals as part of routine equipment cleaning
- decontamination of equipment must be performed using either:
  - a combined detergent/disinfectant solution at a dilution of 1,000 parts per million available chlorine (ppm av.cl.); or
  - a general-purpose neutral detergent in a solution of warm water followed by a disinfectant solution of 1,000ppm av.cl.
- alternative cleaning agents/disinfectant products may be used with agreement of the IPC team/health protection team (HPT)
- cleaning of care equipment as per manufacturer's guidance/instruction and recommended product 'contact time' must be followed for all cleaning/disinfectant solutions/products
- an increased frequency of decontamination should be considered for all reusable non-invasive care equipment when used in isolation/cohort areas
- the use of fans in high and medium risk pathways should be risk assessed refer to Estates guidance

#### 3.2 Environment

portant considerations for environmental cleaning and disinfection are:

- cleaning frequencies of the care environment in COVID-19 care areas must be enhanced and sing rooms, cohort areas and clinical rooms (including rooms where PPE is removed) cleaned at least twice daily
- routine cleaning must be performed using either:
  - a combined detergent/disinfectant solution at a dilution of 1,000ppm av.cl.; or
  - a general-purpose neutral detergent in a solution of warm water followed by a disinfectant solution of 1,000ppm av.cl
- alternative cleaning agents/disinfectants may be used with agreement of the local IPC team/HPT
- the increased frequency of decontamination/cleaning should be incorporated into the environmental decontamination schedules for all COVID-19 areas, including where there may be higher environmental contamination rates, including for example:
  - toilets/commodes particularly if patients/individuals have diarrhoea
  - 'frequently touched' surfaces such as medical equipment, door/toilet handles, locker tops, patient call bells, over bed tables, bed rails, phones, lift buttons/communal touch points and communication devices (for example, mobile phones, tablets, desktops, keyboards) particular where these are used by many people, should be cleaned at least twice daily with solution of detergent and 1,000ppm chlorine or an agreed alternative when known to be contaminated with secretions, excretions or body fluids
- dedicated or disposable equipment (such as mop heads, cloths) must be used for environmental decontamination
- reusable equipment (such as mop handles, buckets) must be decontaminated after use with a chlorine-based disinfectant or locally agreed disinfectant
- single (isolation) rooms must be terminally cleaned as above following resolution of symptoms, discharge or transfer (this includes removal and laundering of all curtains and bed screens)

# 4 Aerosol generating procedures (AGPs): procedures that create a higher risk c spiratory infection transmission

3Ps should only be carried out when essential and only staff who are needed to undertake the ocedure should be present, wearing airborne PPE/RPE precautions (see information in the <u>high risk</u> <u>thway guidance</u>).

#### 4.1 Critical care areas

oplet precautions apply when within 2 metres and providing direct patient care. Airborne precautions e required when undertaking AGPs. However, consideration may need to be given to the application ( ssional use of FFP3 masks where the number of cases of suspected/possible COVID-19 requiring GPs increases and patients/individuals cannot be managed in single or isolation rooms that is patient hort. Sessional use of FFP3 masks (includes eye/face protection) may be considered. All other items PPE (gloves/gown) must be changed between patients and/or after completing a procedure or task.

#### 4.2 Operating theatres

atients/individuals should be anaesthetised and recovered in the operating theatre if tubation/extubation (AGP) is required. For local, neuraxial or regional anaesthesia the patient is not quired to be anaesthetised/recovered in theatre.

# **5 Duration of TBPs**

3Ps should only be discontinued in consultation with clinicians and should take into consideration the dividual's PCR test results and clinical symptoms. If test results are not available (for example the itient/individual declines) TBPs can be discontinued after 14 days (inpatients) depending on contact posure and providing the patient/individual remains symptom free.

#### **6 Visitor guidance**

siting may be limited during increases in incidence and prevalence of COVID-19, however as cases scline and restrictions ease, visitors should be permitted to enter the facility and be educated in the IP easures required as outlined in the information on administration measures for the pathways. All sitors should be triaged.

is includes accompanying individuals when attending outpatient appointments, such as antenatal pointments and therapy groups.

# 7 Discharge or transfer

here is no restriction on discharge if the patient/individual is well, unless the patient/individual is itering a long-term facility and testing may be required. If someone in the patient's household has DVID-19 or is a contact of a COVID-19 case and is self-isolating, the discharge guidance will be ovided by the clinician.

scharge information for patients/individuals should include an understanding of their need for any self plation, as well as their family members (where applicable).

nbulance services and the receiving facilities must be informed of the infectious status of the individua

scharge arrangements may differ between countries, refer to country specific resources in section 2.1

England, to ensure testing does not delay a timely discharge to a care home, all patients who have eviously tested negative should be re-tested for SARS-CoV-2 again 48 hours prior to discharge. Imunocompetent patients who have tested positive within the previous 90 days, and remain symptomatic, do not need to be re-tested. The information from the test results, with any supporting ire information, must be communicated and transferred to the relevant care home. No one should be scharged from hospital directly to a care home without the involvement of the local authority.

# ). High risk pathway – key principles

is pathway applies to any emergency/urgent care facility where:

Untriaged individuals present for assessment or treatment (symptoms unknown\*).

Confirmed SARS-CoV-2 (COVID-19) PCR positive patients are cared for.

Symptomatic or suspected COVID-19 individuals including those with a history of contact with a OVID-19 case who have been triaged/clinically assessed and are waiting test results.

Symptomatic individuals decline testing.

Ince assessed, if asymptomatic with no contact history, patients/individuals may move to the medium ik pathway awaiting test result.

#### **).1 Patient placement**

the patient/individual has symptoms or a history of contact/exposure with a case, they should be ioritised for single room isolation or cohorted (if an isolation room is unavailable) until their test results e known, for example use privacy curtains between bed spaces to minimise opportunities for close intact between patients/individuals. This should be locally risk assessed to ensure this does not impromise patient safety.

single rooms are in short supply, priority should be given to patients with excessive cough and sputur oduction, diarrhoea or vomiting and to those at high risk/extremely high risk of severe illness.

cal risk assessments and clinical decisions must be made regarding placement of patients/individuals th availability of single rooms taken into consideration.

#### **).2 Personal protective equipment (PPE): suspected/confirmed COVID-19** atient/individual

PPE required by type of ransmission/exposure	Disposable gloves	Disposable apron/gown	Face masks	Eye/face protectior (visor)
Droplet/contact PPE	Single use	Single use apron and gown if risk of spraying / splashing)	FRSM Type IIR for direct patient caret	Single use or reusable
Airborne PPE (when undertaking or if AGPs are likely)* f an unacceptable risk of transmission remains following rigorous application of the hierarchy of control**	Single use	Single use gown	FFP3tt or respirator / hood for AGPs	Single use or reusable

<sup>-</sup>RSM can be worn sessionally (includes eye/face protection) if providing care for COVID -19 cohortec itients/individuals.

FFP3 can be worn sessionally (includes eye/face protection) in high risk areas where AGPs are idertaken for COVID-19 cohorted patients/individuals.

consideration may need to be given to the application of airborne precautions where the number of uses of COVID-19 requiring AGPs increases and patients/individuals cannot be managed in single or plation rooms.

Or if an unacceptable risk of transmission remains following rigorous application of the hierarchy of introl, taking these controls into account, it may be necessary to consider the extended use of RPE fo itient care in this situation.

#### **1.2.1** Respiratory protective equipment (RPE)/FFP3 (filtering face piece or hood)

espirators are used to prevent inhalation of small airborne particles arising from AGPs.

espirators should:

- be well fitting, covering both nose and mouth
- always be worn when undertaking an AGP on a COVID-19 confirmed or suspected patient/individual
- not be allowed to dangle around the neck of the wearer or hang from one ear after or between eac use
- not be touched once put on
- be removed outside the patient's/individual's room or cohort area or COVID-19 ward
- respirators can be single use or single session use (disposable or reusable) and fluid-resistant
- all staff who are required to wear an FFP3 respirator must be fit tested for the relevant model to ensure an adequate seal or fit (according to the manufacturer's guidance)
- where fit testing fails, suitable alternative equipment must be provided, or the HCW should be moved to an area where FFP3 respirators are not required
- fit checking (according to the manufacturer's guidance) is necessary when a respirator is put on (donned) to ensure an adequate seal has been achieved
- respirators should be compatible with other facial protection used (protective eyewear) so that this does not interfere with the seal of the respiratory protection
- the respirator should be discarded and replaced and not be subject to continued use if the facial seal is compromised, it is uncomfortable, or it is difficult to breathe through
- reusable respirators can be utilised by individuals if they comply with HSE recommendations reusable respirators should be decontaminated according to the manufacturer's instructions

alved respirators are not fluid-resistant unless they are also 'shrouded'. Valved non-shrouded FFP3 spirators should be worn with a full-face shield if blood or body fluid splashing is anticipated. Valved spirators should not be worn by an HCW/operator when sterility directly over the surgical field is

quired, for example in theatres/surgical settings or when undertaking a sterile procedure, as the haled breath is unfiltered.

camples of sterile procedures include:

- any surgical or invasive procedure that routinely requires maximal sterile barrier precautions to prevent infection, for example sterile gowns, sterile gloves, face mask as required for surgical antisepsis/ANTT - these are commonly but not exclusively undertaken in operating theatres, critica care or emergency departments
- those sterile percutaneous or invasive procedures such as interventional radiology/cardiac catheterisation, PICC or other central venous catheter insertions

ne ongoing use of valved respirators in theatres and surgical settings should be based on a local risk sessment. The risk of an asymptomatic HCW transmitting COVID-19 infection if wearing a valved spirator is considered 'very small', as the HCW would need to be excreting virus and the patient would ed to be negative for COVID-19 (FFP3 use is when an HCW is managing a suspected/confirmed OVID-19 positive patient undergoing AGPs in the medium or high risk pathway).

#### **).2.2 Full body gowns or fluid repellent coveralls**

Ill body gowns or fluid repellent coveralls must be:

- worn when there is a risk of extensive splashing of blood and/or body fluids
- worn when undertaking AGPs
- worn when a disposable apron provides inadequate cover for the procedure or task being performe for example, surgery changed between patients/individuals and immediately after completing a procedure or task

essional or extended use of gowns must be minimised and only used in areas where cohorts of infirmed COVID-19 patients are managed and there is a lack of single rooms/isolation rooms. If issional use is required, an individual patient risk assessment must be undertaken and reviewed daily owns are not required when moving around a unit or department.

# ).3 Safe management of care environment/equipment/blood and body fluids

ease refer to information given in the medium risk pathway.

addition if there are clusters or outbreaks of COVID-19 (2 or more cases linked by time and place) wi gnificant respiratory symptoms in communal settings cleaning frequencies should be increased.

# **).4 Aerosol generating procedures (AGPs): procedures that create a higher risk** i respiratory infection transmission and operating theatres

#### ).4.1 Critical care

oplet precautions would apply, however consideration may need to be given to the application of borne precautions where the number of cases of COVID-19 requiring AGPs increases and itients/individuals cannot be managed in single or isolation rooms.

#### **).4.2 Operating theatres (including day surgery)**

atients/individuals should be anaesthetised and recovered in the theatre if intubation/extubation (AGP) required using airborne precautions. This is not required for regional, neuraxial or local anaesthesia.

Initiation in both laminar flow and conventionally ventilated theatres should remain in full operation Iring surgical procedures where patients/individuals have suspected/confirmed COVID-19. Air passing Im operating theatres to adjacent areas will be highly diluted and is not considered to be a risk.

# **).5 Duration of precautions**

general, patients with COVID-19 who are admitted to hospital will have more severe disease than ose who can remain in the community, especially if they have been severely unwell or have pretisting conditions such as severe immunosuppression. Therefore, it is recommended that these dividuals should be isolated within hospital or remain in self-isolation on discharge for 14 days from eir first positive SARS-CoV-2 PCR test.

hilst in hospital patients/individuals should remain in isolation/cohort with TBPs applied for at least 14 us after onset of symptoms and should be 48 hours without a fever (without use of antipyretic edication) or respiratory symptoms. The decision to modify the duration of, or 'stand down' TBPs ontact/droplet/airborne) should be made by the clinical team managing the individual's care.

or clinically suspected COVID-19 patients who have tested negative or have not been tested for SARS oV-2 and whose condition is severe enough to require hospitalisation, then the 14 day isolation period hould be measured from the day of admission.

sting for virological clearance is encouraged in severely immunosuppressed patients. For these itients, IPC measures should be continued unless there is evidence of virological clearance prior to scharge or there has been a complete resolution of all symptoms. This is different to other advice ictions but reflects the complex health needs of such patients and likelihood for prolonged shedding, th risk of spread in healthcare settings. Upon discharge such patients may be retested at first follow-u pointment to help inform actions at any next medical appointment.

# **).6 Visitor guidance**

this pathway, visiting should continue to be limited to only essential visitors, for example birthing urtner, carer/parent/guardian. Hospitals/organisations will provide advice and guidance to support utients during these restrictions. Visitor guidance may differ between countries, refer to <u>country specific</u> sources in section 2.1.

hilst face masks/coverings are recommended the need for visitors to wear additional PPE should be dividually assessed.

# ).7 Discharge or transfer

scharge from an inpatient facility can occur when the individual is well enough and the clinician has ovided them with discharge such as advice to self-isolate for at least 14 days from the date of the sitive SARS-CoV-2 PCR test (providing their symptoms resolve during this period). Refer to <u>country</u> ecific resources in section 2.1.

lvice should include written information, such as patients with a cough or a loss of, or change in, rmal sense of smell or taste (anosmia), may persist in some individuals for several weeks following DVID-19 recovery, and is not currently considered an indication of ongoing infection when other mptoms have resolved.

ior to discharge (if the patient is within the 14 days) clinicians should ascertain if there are any clinical tremely vulnerable individuals who live in the household and are currently not infected. If so, it is high lvisable for patients to be discharged to a different home until they have finished their self-isolation wind. If these individuals cannot be moved to a different household, then ensure that the discharged utient is advised on IPC measures as outlined in the <u>Stay at home guidance</u> tps://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-th-possible-coronavirus-covid-19-infection).

lvice on ongoing medical needs should be provided for patients who are discharged within their selfplation period. If patients deteriorate at home or in a care setting, they or their carer should seek advic om <u>NHS 111 online (https://111.nhs.uk/)</u> or by telephone, or through pre-existing services such as GP actice links with care homes. In an emergency, 999 should be called. In either case, they should infor e call attendant that they have been recently discharged from hospital with confirmed COVID-19.

scharge information for patients/individuals to their own home should include an understanding of the ed for any self-isolation, as well as their family/household members.

nbulance services and the receiving facilities must be informed of the infectious status of the individual the ongoing need to continue with infection control precautions.

scharge arrangements may differ between countries as discharge to other areas is dependent on sting and/or isolation facilities available. Refer to <u>country specific resources in section 2.1</u>.

England, to ensure testing does not delay a timely discharge to a care home, patients who have teste gative should be re-tested for SARS-CoV-2 again 48 hours prior to discharge. All SARS-CoV-2 isitive patients who are discharged within their 14 day self-isolation period will need to be discharged designated setting. The information from the test results, with any supporting care information, must b immunicated and transferred to the relevant care home. No one should be discharged from hospital rectly to a care home without the involvement of the local authority.

# I. Occupational health and staff deployment

ompt recognition of cases of COVID-19 among healthcare staff is essential to limit the spread.

ealth and social care staff with symptoms of COVID-19 or a positive COVID-19 test result should not me to work. Refer to country specific testing requirements.

a general principle, healthcare staff who provide care in settings for suspected or confirmed itients/individuals should not care for other patients. However, this has to be a local decision based or cal epidemiology and the configuration of the organisation. risk assessment is required for health and social care staff at high risk of complications from COVID-), or clinically extremely vulnerable groups, including pregnant and BAME staff. Guidance on carrying it risk assessments can be found by following the links to the <u>country specific resources in section 2.1</u>

nployers should:

- discuss with employees who are clinically extremely vulnerable, including those who are pregnant and of BAME origin, the need to be deployed away from areas used for the care of those who have or are clinically suspected of having, COVID-19; or, in primary care settings, clinics set up to manage people with COVID-19 symptoms
- ensure that advice is available to all health and social care staff, including specific advice to those risk from complications

ank, agency and locum staff who fall into these categories should follow the same deployment advice permanent staff.

s part of their employer's duty of care, providers have a role to play in ensuring that staff understand id are adequately trained in safe systems of working, including donning and doffing of PPE. A fit testir ogramme should be in place for those who may need to wear respiratory protection.

the event of a breach in infection control procedures, staff should be reviewed by occupational health

ccupational health departments should lead on the implementation of systems to monitor staff illness, sence and vaccination against COVID-19.

# 2. Glossary of terms

#### >rosol generating procedures (AGPs)

ertain medical and patient care activities that can result in the release of airborne particles (aerosols). GPs can increase the risk transmission of infections.

#### rborne transmission

ne spread of infection from one person to another by airborne particles (aerosols) containing infectious jents.

#### rborne particles

ery small particles that may contain infectious agents. They can remain in the air for long periods of ne and can be carried over long distances by air currents. Airborne particles can be released when a erson coughs or sneezes, and during AGPs. 'Droplet nuclei' are aerosols formed from the evaporation larger droplet particles (see droplet transmission). Aerosols formed from droplet particles in this way whave as other aerosols.

#### rborne precautions

easures used to prevent and control infection spread without necessarily having close patient contact a aerosols (less than or equal to  $5\mu$ m) from the respiratory tract of one individual directly onto a ucosal surface or conjunctivae of another individual. Aerosols can penetrate the respiratory system to e alveolar level.

#### **S/EN standards**

andatory technical specifications created by either the British Standards Institute (BS) or European andardisation Organisations (EN) in collaboration with government bodies, industry experts and trade sociations. They aim to ensure the quality and safety of products, services and systems.

#### inically vulnerable or extremely clinically vulnerable

Sople who are defined as <u>clinically extremely vulnerable</u>
<u>tps://www.gov.uk/government/publications/guidance-on-shielding-and-protecting-extremely-vulnerable-persons-from-covid-19/guidance-on-shielding-and-protecting-extremely-vulnerable-persons-from-covid-19/feev</u>) are at very high ik of severe illness from COVID-19. Those included in this category will been identified by:

- having one or more of conditions list, or
- a clinician or GP has added the individual to the Shielded Patient List

#### ohort area

1 area (room, bay, ward) in which 2 or more patients (a cohort) with the same confirmed infection are aced. A cohort area should be physically separate from other patients.

#### ontact precautions

easures used to prevent and control infections that spread via direct contact with the patient or directly from the patient's immediate care environment (including care equipment). This is the most mmon route of infection transmission.

#### ontact transmission

ontact transmission is the most common route of transmission, and consists of 2 distinct types: direct intact and indirect contact. Direct transmission occurs when microorganisms are transmitted directly om an infectious individual to another individual without the involvement of another contaminated irson or object (fomite). Indirect transmission occurs when microorganisms are transmitted from an iectious individual to another individual through a contaminated object (fomite) or person.

#### OVID-19

OVID-19 is a highly infectious respiratory disease caused by a novel coronavirus. The disease was scovered in China in December 2019 and has since spread around the world.

#### oplet precautions

easures used to prevent and control infections spread over short distances (at least 1 metre or 3 feet) a droplets (greater than 5μm) from the respiratory tract of one individual directly onto a mucosal surface conjunctivae of another individual. Droplets penetrate the respiratory system to above the alveolar vel. COVID-19 is predominantly spread via this route and the precautionary distance has been aintained at 2 metres in care settings.

#### oplet transmission

ne spread of infection from one person to another by droplets containing infectious agents.

#### /e or face protection

orn when there is a risk from splashing of secretion (including respiratory secretions). Eye or face otection can be achieved using any one of:

- a surgical mask with integrated visor
- a full face visor or shield
- goggles

#### uid-resistant (Type IIR) surgical face mask (FRSM)

disposable fluid-resistant mask worn over the nose and mouth to protect the mucous membranes of e wearer's nose and mouth from splashes and infectious droplets. FRSMs can also be used to protec itients. When recommended for infection control purposes a 'surgical face mask' typically denotes a id-resistant (Type IIR) surgical mask.

#### uid-resistant

term applied to fabrics that resist liquid penetration, often used interchangeably with 'fluid-repellent' nen describing the properties of protective clothing or equipment.

#### equently touched surfaces

urfaces of the environment which are commonly touched or come into contact with human hands.

#### ealthcare or clinical waste

aste produced as a result of healthcare activities, for example soiled dressings, sharps.

#### erarchy of controls

ne hierarchy of controls is used to identify the appropriate controls with Elimination, Substitution, ngineering Controls, Administrative Controls, Personal Protective Equipment.

erarchy of Controls: The National Institute for Occupational Safety and Health (NIOSH), Centers for sease Control and Prevention (CDC) (https://www.cdc.gov/niosh/topics/hierarchy/default.html)

# gh-flow nasal cannula (HFNC) therapy

<sup>-</sup>NC is an oxygen supply system capable of delivering up to 100% humidified and heated oxygen at a w rate of up to 60 litres per minute.

#### gher risk acute care area/units

tensive care units, intensive therapy units, high dependency units, emergency department resuscitatic eas, wards with non-invasive ventilation, operating theatres, endoscopy units for upper respiratory, VT or upper GI endoscopy, and other clinical areas where AGPs are regularly performed. Referred to ; 'AGP hot spots'.

#### cubation period

re period between the infection of an individual by a pathogen and the manifestation of the illness or sease it causes.

#### duction of sputum

duction of sputum typically involves the administration of nebulised saline to moisten and loosen spiratory secretions (this may be accompanied by chest physiotherapy (percussion and vibration)) to duce forceful coughing.

#### fectious linen

nen that has been used by a patient who is known or suspected to be infectious and/or linen that is intaminated with blood/other body fluids, for example faeces.

#### ong term health condition

is covers:

- chronic obstructive pulmonary disease, bronchitis, emphysema or asthma
- heart disease
- kidney disease
- liver disease
- stroke or a transient ischaemic attack (TIA)
- diabetes
- lowered immunity as a result of disease or medical treatment, such as steroid medication or cance treatment
- a neurological condition, such as Parkinson's disease, motor neurone disease, multiple sclerosis (MS), cerebral palsy, or a learning disability
- any problem with the spleen, including sickle cell disease, or had spleen removed
- a BMI of 40 or above (obese)

#### rsonal protective equipment (PPE)

juipment a person wears to protect themselves from risks to their health or safety, including exposure infectious agents. The level of PPE required depends on the:

- suspected or known infectious agent
- severity of the illness caused
- transmission route of the infectious agent
- procedure or task being undertaken

#### espiratory droplets

small droplet, such as a particle of moisture released from the mouth during coughing, sneezing, or eaking.

#### espiratory protective equipment

espiratory protection that is worn over the nose and mouth designed to protect the wearer from inhalir izardous substances, including airborne particles (aerosols). There are 2 types of respiratory protectic at can be used, tight-fitting disposable FFP respirators and loose-fitting powered hoods (TH2).

<sup>-</sup>P stands for filtering face piece. There are 3 categories of FFP respirator: FFP1, FFP2 and FFP3. <sup>-</sup>P3 and loose-fitting powered hoods provide the highest level of protection and are recommended nen caring for patients in areas where high risk AGPs are being performed.

#### espiratory symptoms

espiratory symptoms include:

- rhinorrhoea (runny nose)
- sore throat
- cough
- difficulty breathing or shortness of breath

#### gregation

nysically separating or isolating from other people.

#### **ARS-CoV**

evere acute respiratory syndrome coronavirus, the virus responsible for the 2003 outbreak of human ronavirus disease.

# ARS-CoV-2

evere acute respiratory syndrome coronavirus 2, the virus responsible for the COVID-19 pandemic.

#### everely immunosuppressed

everely immunosuppressed is defined in the Green Book on Immunisation as:

- immunosuppression due to acute and chronic leukaemias and lymphoma (including Hodgkin's lymphoma)
- severe immunosuppression due to HIV/AIDS (<u>British HIV Association advice</u> (<u>https://www.bhiva.org/BHIVA-and-THT-statement-on-COVID-19-and-advice-for-the-extremely-vulnerable</u>))
- cellular immune deficiencies (such as severe combined immunodeficiency, Wiskott-Aldrich syndrome, 22q11 deficiency/DiGeorge syndrome)
- being under follow up for a chronic lymphoproliferative disorder including haematological malignancies such as indolent lymphoma, chronic lymphoid leukaemia, myeloma and other plasma cell dyscrasias
- having received an allogenic (cells from a donor) stem cell transplant in the past 24 months and or then if they are demonstrated not to have ongoing immunosuppression or graft versus host diseas (GVHD)
- having received an autologous (using their own stem cells) haematopoietic stem cell transplant in the past 24 months and only then if they are in remission
- those who are receiving, or have received in the past 6 months, immunosuppressive chemotherap or radiotherapy for malignant disease or non-malignant disorders
- those who are receiving, or have received in the past 6 months, immunosuppressive therapy for a solid organ transplant (with exceptions, depending upon the type of transplant and the immune status of the patient)
- those who are receiving, or have received in the past 12 months, immunosuppressive biological therapy (such as monoclonal antibodies), unless otherwise directed by a specialist
- those who are receiving, or have received in the past 3 months, immunosuppressive therapy including:
  - adults and children on high-dose corticosteroids (>40mg prednisolone per day or 2mg/ kg/day in children under 20kg) for more than 1 week
  - adults and children on lower dose corticosteroids (>20mg prednisolone per day or 1mg/kg/day in children under 20kg) for more than 14 days
  - adults on non-biological oral immune modulating drugs, for example methotrexate >25mg per week, azathioprine >3.0mg/kg/day or 6-mercaptopurine >1.5mg/kg/day
  - children on high doses of non-biological oral immune modulating drugs

#### andard infection control precautions (SICPs)

CPs are the basic IPC measures necessary to reduce the risk of transmission of an infectious agent om both recognised and unrecognised sources of infection.

#### ngle room

room with space for one patient and usually contains (as a minimum) a bed, a locker or wardrobe and clinical wash-hand basin.

#### aff cohorting

hen staff care for one specific group of patients and do not move between different patient cohorts. atient cohorts may include for example 'symptomatic', 'asymptomatic and exposed', or 'asymptomatic id unexposed' patient groups.

#### ansmission based precautions

Iditional precautions to be used in addition to SICPs when caring for patients with a known or ispected infection or colonisation.

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