

Qualification Structure

Level of Qualification:	Level 3
Course Name:	Diploma in Beauty Therapy Massage
Course Code:	NVQ/AB30031 500/8861/0
Course Length:	12 weeks

Total Credit Requirement and The Guided Learning Hour

In order to complete the Level 3 NVQ Diploma in Beauty Therapy Massage, the learner is essentially required to gain a minimum of 51 Credits. Of which, 44 credits must be of the mandatory units, and other 7 credits (minimum) will be further optional. However, this programme has been structured with 56 Credits in total, composing 44 credits of 6 mandatory units and 12 credits of just 1 optional unit as provided below. The Guided learning hours (GLH) are 520 hours, 456 hours of the mandatory units and other 106 hours of the optional unit.

Table 1: The credit requirement and guided learning hour (Mandatory)

Mandatory Units – 44 Credits				
VTCT Unit Code	Ofqual Unit reference	Unit Title	Credit Value	GLH
UG31G22	Y/601/5875	Monitor procedures to safely control work operations	4	30
UG21H32	R/600/1277	Contribute to the planning and implementation of promotional activities	5	32
UB30B20	A/600/7462	Provide body massage treatments	10	79
UB30B23	D/600/7504	Provide Indian head massage	7	54
UB30B24	K/600/7523	Carry out massage using pre-blended aromatherapy oils	8	67
UB30B28	J/600/7545	Provide stone therapy treatments	10	88
			44	350

Table 2: The credit requirement and guided learning hour (Optional)

Optional Unit – 12 Credits				
VTCT Unit Code	Ofqual Unit reference	Unit Title	Credit Value	GLH
UG30B13	Y/600/9090	Provide body electrical treatments	12	106
			12	106

Compulsory Non-Credit Modules (Additional)

There are three non-credit modules added in addition to the required units (mandatory and optional). The first module is knowledge regarding health and safety. Another module is associated to the COVID-19 infection prevention. The third module is Massage route anatomy and physiology. These three modules are theoretically taught, plus some practical sessions, with an aim to prepare the learners for the external assessment papers. The accumulated hour of learning these three compulsory non-credit modules must be 64 hours spent in this programme.

Table 3: Information regarding the guided learning hour of compulsory non-credit modules

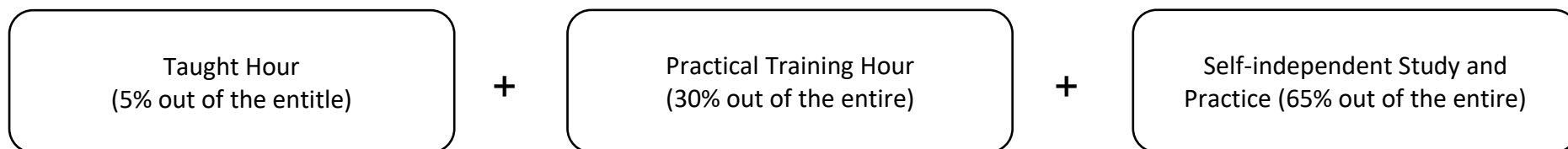
Non-Credit Compulsory	
Module Name	Module length
The infection prevention of COVID-19	1 hours
Health and safety	2 hours
NVQ 3 Massage Route Mandatory Anatomy and Physiology	12 hours
	15 hours

Teaching Methods and Learning Hour Management

All units and modules are delivered two-day blocks (Monday and Tuesday) every week. This programme is intensive and allows all learners to immerse themselves in a topic thoroughly. These are great for flexibility around work, location, and other commitments learners may have. For teaching days, all learners will need to be at the TAITAM-D Academy. However, due to the current COVID-19 situation, the institute has restrictions and regulations to follow to prevent them and our teaching staff from predictable incidences like Corona virus-infected illness that can obscurely spread around in our environment and from person to person. There are three different types of teaching - theoretical lecture, practice, and self-practice. Out of the total hour required to spend in each unit and module, 5 per cent of theoretical lectures, 30 per cent of practical training and 65 per cent of self-independent study and practice. Unlike those mandatory and optional units, non-credit but compulsory modules are 100 per cent taught. The broken-down detail is also provided in Table 4.

Table 4: The broken-down information on teaching method and learning hour management

	Unit Code	Unit Name	Credit earned	GLH			
				Total	Taught hour (5%)	Practical Training (30%)	Self independent study and practice (65%)
Credit-earned mandatory	UG31G22	Monitor precedures to safety control work operations	4	30	2	9	20
	UG31H32	Contributed to the planning and implementation pf promotional activities	5	32	2	10	21
	UB30B20	Provide body massage treatments	10	79	4	24	51
	UB30B23	Provide indian head massage	7	54	3	16	35
	UB30B24	Carry out massage using pre-blended aromatherapy oils	8	67	3	20	44
	UB30B28	Provide stone therapy therapy treatments	10	88	4	26	57
Credit-earned optional	UB30B13	Provide body electrical treatments	12	106	5	32	69
Amount			56	456	23	137	296
					Taught hour	Practical Training	Self independent study and practice
Non-credit compulsory	N/A	Health and Safety	0	2	2	0	0
	N/A	COVID-19 infection prevention	0	1	1	0	0
	N/A	Anatomy and Physiology	0	12	12	0	0
Amount			112	15	15	0	0



Timetable				Unit/Module	Lesson Covered			Equipment		
Month	Week	Day	Time		What is going to be taught	Lecture	Practical	Self-practical and study	Material	Resource
2	5	Mon	10.30-13.30	Provide body massage treatments (practice IV)	Leg, Foot (prone)	✓	✓	✓	Reading supplemets, copies of slides, textbook Material, equipment and chemical product + material guideline	Laptop, Projector or TV and HDMI cable
			14.00-17.30	Provide body massage treatments (practice IV)	Head and Face (prone)	✓	✓	✓		
		Tue	10.30-13.30	Provide body massage treatments (practice)	Full body	✓	✓	✓		
			14.00-15.00	Provide body massage treatments (IV)	Gyratory massage	✓	✓	✓		
			15.30-17.30	External Examination (Provide body massage treatments)						
	6	Mon	10.30-11.30	Indian head massage (intro and I)	Introduction to Indian head massage, Anatomy and physiology, Massage techniques, Safety and hygiene, Indian head massage preparations	✓			Reading supplemets, copies of slides, textbook Material, equipment and chemical product + material guideline	Laptop, Projector or TV and HDMI cable
			11.30-12.00	Indian head massage (II)	Consultation, Contra-indications, Contra-actions and Treatment of minors	✓	✓			
			12.00-12.30	Indian head massage (III)	Hair analysis, Massage's mediums and Massage stance	✓	✓	✓		
			12.30-13.30	Indian head massage (III practice)		✓	✓	✓		
			14.00-14.30	Indian head massage (IV)	Massage routes (neck, scalp and head)	✓	✓	✓		
			14.30-17.30	Indian head massage (IV practice)		✓	✓	✓		
			10.30-11.00	Indian head massage (IV)		Massage routes (shoulders, back, neck and arms)	✓	✓		
		11.00-13.00	Indian head massage (IV practice)	✓	✓		✓			
		14.00-17.30	Indian head massage (practice)	✓	✓		✓			
		7	Mon	10.30-13.30	Indian head massage (practice)	Full steps	✓	✓		
	14.00-17.30			Indian head massage (practice)	✓		✓	✓		
	10.30-12.30			Indian head massage (practice)	✓		✓	✓		
	Tue	12.30-14.00	External Examination (Ondian head massage)							
	8	Mon	10.30-11.30	Massage using pre-blended aromatherapy oils (intro)	Introduction, Essential oils, Carrier oils	✓	✓		Reading supplemets, copies of slides, textbook Material, equipment and chemical product + material guideline	Laptop, Projector or TV and HDMI cable
			11.30-12.30	Massage using pre-blended aromatherapy oils (I)	Anatomy and physiology, Types of massage used with pre-blended aromatherapy oils	✓				
			12.30-13.30	Massage using pre-blended aromatherapy oils (II)	Essential oil safety and hygiene and consultation techniques	✓	✓	✓		
			14.00-17.30	Massage using pre-blended aromatherapy oils	Practice		✓	✓		
		Tue	10.30-13.30	Massage using pre-blended aromatherapy oils	Practice		✓	✓		
	3	9	Mon	10.30-13.30	Massage using pre-blended aromatherapy oils	Practice		✓		
14.00-16.00										
16.00-17.30										
Tue		10.30-14.00	External Examination (Ondian head massage)							
10		Mon	10.30-11.30	Stone therapy treatments (intro)	Introduction, Anatomy and physiology, Types of stones, Treatment techniques, and Massage mediums and heaters	✓	✓		Reading supplemets, copies of slides, textbook Material, equipment and chemical product + material guideline	Laptop, Projector or TV and HDMI cable
			10.30-11.30	Stone therapy treatments (II)	Safety&hygiene, Contra-indications and Contra-actions	✓	✓	✓		
			11.30-13.30	Stone therapy treatments (III)	Treatment applications	✓	✓	✓		
			14.00-17.30	Stone therapy treatments (practice)	Full body	✓	✓	✓		
		Tue	10.30-13.30	External Examination (Indian head massage)						
11		Mon	10.30-13.30	Provide electrical treatments (intro)	Introduction, Anatomy and physiology	✓	✓	✓	Reading supplemets, copies of slides, textbook Material, equipment and chemical product + material guideline	Laptop, Projector or TV and HDMI cable
			14.00-17.30	Provide electrical treatments (I)	Types of stones, Treatment techniques and Massage mediums and heaters	✓	✓	✓		
			10.30-13.30	Provide electrical treatments (II)	Safety&hygiene, Contra-indications and Contra-actions	✓	✓	✓		
			14.00-16.30	Provide electrical treatments (III)	Treatment applications	✓	✓	✓		
12	Mon	10.30-13.30	Provide electrical treatment (practice)	Practice	✓	✓				
		14.00-17.30								
		10.30-13.30								
Tue	14.00-17.30	External Examination (Provide electrical treatments)								

