Qualification Structure

Level of Qualification:	Level 3
Course Name:	Diploma in Beauty Therapy Massage
Course Code:	NVQ/AB30031 500/8861/0
Course Length:	12 weeks

Total Credit Requirement and The Guided Learning Hour

In order to complete the Level 3 NVQ Diploma in Beauty Therapy Massage, the learner is essentially required to gain a minimum of 51 Credits. Of which, 44 credits must be of the mandatory units, and other 7 credits (minimum) will be further optional. However, this programme has been structured with 56 Credits in total, composing 44 credits of 6 mandatory units and 12 credits of just 1 optional unit as provided below. The Guided learning hours (GLH) are 520 hours, 456 hours of the mandatory units and other 106 hours of the optional unit.

Table 1: The credit requirement and guided learning hour (Mandatory)

Mandatory Units – 44 Credits								
VTCT Unit Code	Ofqual Unit reference	Unit Title	Credit Value	GLH				
UG31G22	Y/601/5875	Monitor procedures to safely control work operations	4	30				
UG21H32	R/600/1277	Contribute to the planning and implementation of promotional activities	5	32				
UB30B20	A/600/7462	Provide body massage treatments	10	79				
UB30B23	D/600/7504	Provide Indian head massage	7	54				
UB30B24	K/600/7523	Carry out massage using pre- blended aromatherapy oils	8	67				
UB30B28	J/600/7545	Provide stone therapy treatments	10	88				
			44	350				

Table 2: The credit requirement and guided learning hour (Optional)

Optional Unit – 12 Credits								
VTCT Unit Code	Ofqual Unit reference	Unit Title	Credit Value	GLH				
UG30B13	Y/600/9090	Provide body electrical treatments	12	106				
	•		12	106				

Compulsory Non-Credit Modules (Additional)

There are three non-credit modules added in addition to the required units (mandatory and optional). The first module is knowledge regarding health and safety. Another module is associated to the COVID-19 infection prevention. The third module is Massage route anatomy and physiology. These three modules are theoretically taught, plus some practical sessions, with an aim to prepare the learners for the external assessment papers. The accumulated hour of learning these three compulsory non-credit modules must be 64 hours spent in this programme.

Table 3: Information regarding the guided learning hour of compulsory noncredit modules

Non-Credit Compulsory							
Module Name	Module length						
The infection prevention of COVID-19	1 hours						
Health and safety	2 hours						
NVQ 3 Massage Route Mandatory Anatomy and Physiology	12 hours						
	15 hours						

Teaching Methods and Learning Hour Management

All units and modules are delivered two-day blocks (Monday and Tuesday) every week. This programme is intensive and allows all learners to immerse themself in a topic thoroughly. These are great for flexibility around work, location, and other commitments learners may have. For teaching days, all learners will need to be at the TAITAM-D Academy. However, due to the current COVID-19 situation, the institute has restrictions and regulations to follow to prevent them and our teaching staff from predictable incidences like Corona virus-infected illness that can obscurely spread around in our environment and from to person. There are three different types of teaching - theoretical lecture, practice, and self-practice. Out of the total hour required to spend in each unit and module, 5 per cent of theoretical lectures, 30 per cent of practical training and 65 per cent of self-independent study and practice. Unlike those mandatory and optional units, non-credit but compulsory modules are 100 per cent taught. The broken-down detail is also provided in Table 4.

Table 4: The broken-down information on teaching method and learning hour management

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						GLH	
	Unit Code	Unit Name	Credit earned	Total	Taught hour (5%)	Practical Training (30%)	Self independent study and practice (65%)
	UG31G22	Monitor precedures to safety control work operations	4	30	2	9	20
Credit-earned	UG31H32	Contributed to the planning and implementation pf promotional activities	5	32	2	10	21
	UB30B20	Provide body massage treatments	10	79	4	24	51
mandatory	UB30B23	Provide indian head massage	7	54	3	16	35
	UB30B24	Carry out massage using pre-blended aromatherapy oils	8	67	3	20	44
	UB30B28	Provide stone therapy therapy treatments	10	88	4	26	57
Credit-earned optional	UB30B13	Provide body electrical treatments	12	106	5	32	69
		Amount	56	456	23	137	296
					Taught hour	Practical Training	Self independent study and practice
Non-credit	N/A	Health and Safety	0	2	2	0	0
compulsary	N/A	COVID-19 infection prevention	0	1	1	0	0
Compuisary	N/A	Anatomy and Physiology	0	12	12	0	0
		Amount	112	15	15	0	0

Taught Hour (5% out of the entitle)

Practical Training Hour (30% out of the entire)

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Self-independent Study and Practice (65% out of the entire)

Assessment

To complete this qualification, all learners must show that their achievements meet the mandatory requirements, which are assessed and evaluated by centre assessors, related persons, or parties - the internal quality assurance and the external quality assurance. The evidence to prove that the learner's outcomes are satisfying is a broad range of forms, ranging from an observed work record, a witness statement, an audiovisual media, written questions, assignments, case studies, and the physical proof of passed external exam. Each unit and module have different assessments needed to be taken. Herein, information on what and how many assessments are required is provided in the table 5 below.

Table 5: Assessment Methods

						Assess	ment				
			Internal External						rnal		
VTCT Ur	nit Code	Unit Tile Obs		A Witness Statement	An Audio- visual Media	Written Question	Critical Analysis Assignment	Case Study	Online Paper 1	Online Paper 2	Note
	UG21G22	Mornitor procedures to safely control work operations	✓	If neccesary	×	*	×	×	×	×	
	UG31H32	Contribute to the planning and implementation of promotional activities	✓	If neccesary	×	y	×	×	×	×	
Credit-earned	UB30B20	Provide body massage treatments	✓	If neccesary	✓	y	✓	>	✓	*	
mandatory	UB30B23	Provide indian head massage	✓	If neccesary	✓	y	✓	>	✓	✓	
	UB30B24	Carry out massage using pre-blended aromatherapy oils	*	If neccesary	✓	>	×	>	✓	✓	
	UB30B28	Provide stone therapy treatments	ý	If neccesary	ý	>	✓	>	*	>	
Credit-earned mandatory	UB30B13 Provide body electrical treatments		*	If neccesary	*	*	*		*	*	
Non-credit but	N/A	Health and safety	✓	If neccesary		*	×	*	×	×	
compulsary	N/A	COVID-19 infection prevention	ý	If neccesary		>	×	>	>	×	
compulsary	N/A	Anatomy and physiology	ý	If neccesary	×	>	×	>	*	>	

Scheme of Work

	Tim	netable			Lesson Covered				Equipment	
		ictable .		Unit/Module	Ecoson oovered			Self-	Equipment	
Month	Week	Day	Time	Unit/Module	What is going to be taugh	Lecture	Practical	practical and study	Material	Resource
			10.30 - 11.30	Induction	N/A				Learner handbook, Registration document	Laptop, Registration table, Folder
	1	Mon	11.30-13.30	Health and Safety	Workplace policy, Ethics, Health and safety in the workplace, Legal responsibilities, Harzards and risks, Insurance, Hygiene and infection control in the workplace, Environmental and sustainable working practices, Personal appreance, Hygiene and health, Behaviours and Communication skills	¥	¥			
			14.30-15.30	COVID-19 Infection Prevention	COVID-19: guidance for maintaining services within health and care settings- infection prevention and control recommendations	*	¥			
			15.30-17.30	Anatomy and Physiology (intro)	Cosmetic science and introduction to anatomy and physiology (terminology, cells, tissues, skin, hair, nail, eye and organ systems)	*	*	*		
			10.30-13.30	Anatomy and Physiology (I)	The skeletal system and the musclar system	*	*	*		
		Tue	14.00-17.00	Anatomy and Physiology (II)	The nervous system, the circular system and lymphatic system	>	>	>	Reading supplemets, copies of slides and textbook	Laptop, Projector or
		100	17.00-17.30	Anatomy and Physiology (III)	The excretory system, the respiratory system	*	•	*	reading supplements, copies of sinces and textbook	TV and HDMI cable
			10.30-12.00	Anatomy and Physiology (III)	The endrocrine system, the reproductive system and aging process	•	•	•		
			12.00-13.00	Anatomy and Physiology (IV)	The electrical science and legal requirements	*	¥	¥		
		Mon	13.00-14.00	Anatomy and Physiology (V)	Consultationpractice and techniques (pretreatment and diseases and disorders)	*	✓	*		
	2		15.00-17.30	Mornitor procedures to safely control work operations (I)	Introduction to safety during the work operation, Health and safety regulations and workplace instructions, What are any breaches of health and safety.	•	•	*		
		Tue	10.30-13.30	Mornitor procedures to safely control work operations (II)	Legal requirements, Records of workplace irregulaties and Risks/harzards evaluation and precautions	*	*	>		
1		100	14.00-15.30		Workshop	>	Ý			
			15.30-17.30		Examination (COVID-19 Infection Prevention, Anatomy and Physiolog	y)				
			10.30-11.30	Contribute to the planning and implementation of promotional activities (I)	Promotional activities and types of promotional activities	•	≠	*		
		Mon	11.30-12.30	Contribute to the planning and implementation of promotional activities (II)	Planning, preparing and evaluating for a promotion	•	•	>		
			13.00-16.00	Contribute to the planning and						
	3		16.00-17.30	implementation of promotional activities (III)	Workshop		>			
			10.30-13.30	Contribute to the planning and						
		Tue	14.00-16.30	implementation of promotional activities (IV)	Workshop		✓			
			16.30-17.30	Provide body massage treatments (intro)	Physiological and psychological effects of body massage (overall and systemic), Pre-massage heat treatments, Massage techniques, Treatment preparation.	*	* *	Reading supplemets, copies of slides, textbook Material, equipment and chemical product + material guidline	Laptop, Projector or TV and HDMI cable	
			10.30-11.30	Provide body massage treatments (I)	Consultation techniques, Contra-indications and contr-actions	*	*	*		
			11.30-12.00	Provide body massage treatments (II)	Massage mediums	ý	¥	ý	Ī	
		Mon	12.00-13.30	Provide body massage treatments (III)	Arm, Head, Neck and Chest (supine)	*	*	*		
		mon	14.00-16.00	Provide body massage treatments (III)	Abdomen, Legs and Foot (supine)	*	•	*		
	4		16.00-17.30	Provide body massage treatments (IV)	Leg, Foot (prone)	*	*	*		
			10.30-12.30	Provide body massage treatments (IV)	Head and Face (prone)	>	Ý	>	1	
		Tue	12.30-13.30	Provide body massage treatments (practice III)	Arm, Head, Neck and Chest (supine)	*	•	*		
			14.00-17.30	Provide body massage treatments (practice III)	Abdomen, Legs and Foot (supine)	•	Ý	*		

	Tim	netable		Lesson Covered		Equipment				
Month	Week	Day	Time	Unit/Module	What is going to be taugh	Lecture	Practical	Self- practical and study	Material	Resource
		Mon	10.30-13.30	Provide body massage treatments (practice IV)	Leg, Foot (prone)	*	*	*		
			14.00-17.30	Provide body massage treatments (practice IV)	Head and Face (prone)	•	✓	•	Reading supplemets, copies of slides, textbook Material,	Laptop, Projector or
	5		10.30-13.30	Provide body massage treatments (practice)	Full body	*	*	*	equipment and chemical product + material guidline	TV and HDMI cable
		Tue	14.00-15.00	Provide body massage treatments (IV)	Gyratory massage	4	4	•		
			15.30-17.30		External Examination (Provide body massage treatments)					
			10.30-11.30	Indian head massage (intro and I)	Introduction to Indian head massage, Anatomy and physiology, Massage techniques, Safety and hygiene, Indian head massage preparations	y				
			11.30-12.00	Indian head massage (II)	Consultation, Contra-indications, Contra-actions and Treatment of minors	*	¥			
2	6	Mon	12.00-12.30	Indian head massage (III)	Hair analysis, Massage's mediums and Massage stance	*	•	•		Laptop, Projector or TV and HDMI cable
_			12.30-13.30	Indian head massage (III practice)		<i>y</i>	✓	≠	Reading supplemets, copies of slides, textbook Material, equipment and chemical product + material guidline	
			14.00-14.30	Indian head massage (IV)	Massage routes (neck, scalp and head)	y	✓	•		
			14.30-17.30	Indian head massage (IV practice)	, , , , , , , , , , , , , , , , , , , ,	*	4	4		
			10.30-11.00	Indian head massage (IIV)	Massage routes (shoulders, back, neck and arms)	4	✓	✓		
		Tue	11.00-13.00	Indian head massage (IIV practice)	wassage routes (siloulders, back, fleck and arms)		Ť	•	-	
	7	Mon	14.00-17.30 10.30-13.30 14.00-17.30	Indian head massage (practice) Indian head massage (practice) Indian head massage (practice)	Full steps	*	✓	•		
		Tue	10.30-12.30 12.30-14.00	Indian head massage (practice)	External Examination (Ondian head massage)					
			10.30-11.30	Massage using pre-blended	Introduction Essential oils Carrier oils	¥	¥			
			11.30-12.30	aromatherapy oils (intro) Massage using pre-blended	Anatomy and physiology, Types of massage used with pre-blended	<i>y</i>	_			
		Mon	12.30-13.30	aromatherapy oils (I) Massage using pre-blended	aromatherpy oils Essential oil safety and hygiene and consultation techniques	<i>y</i>	4	4		
	8		14.00-17.30	aromatherapy oils (II) Massage using pre-blended	Practice		·	<i>y</i>		
				aromatherapy oils	Plactice			•	Reading supplemets, copies of slides, textbook Material,	Laptop, Projector or
		Tue	10.30-13.30 14.00-16.00 16.00-17.30	Massage using pre-blended					equipment and chemical product + material guidline	TV and HDMI cable
	9	Mon	10.30-13.30	aromatherapy oils	Practice		y	•		
			16.00-17.30							
		Tue	10.30-14.00	Stone therapy treatments (intro)	External Examination (Ondian head massage) Introduction, Anatomy and physiology, Types of stones, Treatment techniques, and Massage mediums and heaters	4	¥			
			10.30-11.30	Stone therapy treatments (II)	Safety&hygiene, Contra-indications and Contra-actions	✓	✓	¥	Reading supplemets, copies of slides, textbook Material, equipment and chemical product + material guidline	Laptop, Projector or TV and HDMI cable
	40	Mon	11.30-13.30	Stone therapy treatments (III)	Treatment applications	*	V	*	equipment and chemical product + material guidine	and ribini dable
3	10		14.00-17.30 10.30-13.30	Stone therapy treatments (practice)	Full body External Examination (Indian head massage)	¥	¥	¥	<u> </u>	
		Tue	14.00-17.30	Provide electrical treatments (intro)	Introduction, Anatomy and physiology	¥	4	*		
		Mon	10.30-13.30	Provide electrical treatments (I)	Types of stones, Treatment techniques and Massage mediums and heaters	>	•			
	11		14.00-17.30 10.30-13.30	Provide electrical treatments (II) Provide electrical treatments (III)	Safety&hygiene, Contra-indications and Contra-actions	*	Ý	<i>y</i>	Reading supplemets, copies of slides, textbook Material,	Laptop, Projector or
		Tue	10.30-13.30 14.00-16.30 10.30-13.30 14.00-17.30	Provide electrical treatments (III) Provide electrical treatment (practice)	Treatment applications Practice	<i>y</i>	<i>y</i>		equipment and chemical product + material guidline	TV and HDMI cable
	12	Tue	10.30-13.30 14.00-17.30		External Examination (Provide electrical treatments)					