

**AB20026 – Level 3 in Massage**  
**Tracking Sheet**

**Name:**

**Student Number:**

**Theory**

No	Exams	Date	Pass Rate (%)	Wrong Answers
1	Anatomy 1			
2	Anatomy 2			
3	Provide body massage treatment			
4	Provide-Indian head massage			
5	Provide-Aromatherapy oil			
6	Provide-Stone therapy			
7	Provide body electrical treatments			
8	Infection (Covid19)			

**Assignment**

No	Exams	Date	Pass Rate (%)	Wrong Answers
1	Health & Safety			
2	Promotion			
3	Pre-treatment			
4	Provide body massage treatment			
5	Provide-Indian head massage			
6	Provide-Aromatherapy oil			
7	Provide-Stone therapy			
8	Provide body electrical treatments			

**Practical**

No	Module	Range																																																						
1	UB30B20 – Provide body massage treatment (4)	<p><b>Equipment on suitable area</b></p> <table border="1"> <tr> <td>Gyratory massager</td> <td></td> <td>Audio sonic</td> <td></td> <td>Infrared</td> <td></td> </tr> </table> <p><b>Massage mediums</b></p> <table border="1"> <tr> <td>Oil</td> <td></td> <td>Cream</td> <td></td> <td>Powder</td> <td></td> </tr> </table> <p><b>Client's physical</b></p> <table border="1"> <tr> <td>Weight</td> <td></td> <td>Height</td> <td></td> <td>Age</td> <td></td> </tr> <tr> <td>Health</td> <td></td> <td>Posture</td> <td></td> <td>Skin condition</td> <td></td> </tr> <tr> <td>Muscle</td> <td></td> <td></td> <td></td> <td></td> <td></td> </tr> </table> <p><b>Treatment objective</b></p> <table border="1"> <tr> <td>Relaxation</td> <td></td> <td>Sense of wellbeing</td> <td></td> <td>Uplifting</td> <td></td> </tr> <tr> <td>Anti-cellulite</td> <td></td> <td>Stimulating</td> <td></td> <td></td> <td></td> </tr> </table> <p><b>Technique</b></p> <table border="1"> <tr> <td>Effleurage</td> <td></td> <td>Petrissage</td> <td></td> <td>Tapotement</td> <td></td> </tr> <tr> <td>Vibration</td> <td></td> <td>Friction</td> <td></td> <td></td> <td></td> </tr> </table>	Gyratory massager		Audio sonic		Infrared		Oil		Cream		Powder		Weight		Height		Age		Health		Posture		Skin condition		Muscle						Relaxation		Sense of wellbeing		Uplifting		Anti-cellulite		Stimulating				Effleurage		Petrissage		Tapotement		Vibration		Friction			
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**Assessor Comments**

**Signature**

**Date**