AB20026 – Level 3 in Massage Tracking Sheet

Name:	Student Number:

Theory

No	Exams	Date	Pass Rate (%)	Wrong Answers
1	Anatomy 1		(70)	
2	Anatomy 2			
	Provide body massage treatment			
	Provide-Indian head massage			
	Provide-Aromatherapy oil			
6	Provide-Stone therapy			
	Provide body electrical treatments			
8	Infection (Covid19)			

Assignment

No	Exams	Date	Pass Rate (%)	Wrong Answers
1	Health & Safety			
2	Promotion			
3	Pre-treatment			
4	Provide body massage treatment			
5	Provide-Indian head massage			
6	Provide- Aromatherapy oil			
	Provide-Stone therapy			
	Provide body electrical treatments			

Practical

No	Мо	du	e			Ra	Range									
1	UB30B20 – Provide			Equipment on suitable area												
	bod	ly r	nassag	e		Gyratory			Audio sonic				Infrared			
	treatment (4)			n	massager											
						Massage mediums										
					C	Oil Cream Powder										
						Cl	Client's physical									
						_	Veight		Height				Age			
						H	lealth		Posture			Skin				
													condit	ion		
							/luscle									
							reatment obj	ect	ı							
						R	elaxation		Sense o				Uplifti	ng		
									wellbeir	_						
							nti-cellulite		Stimula							
						_	echnique	_	1	_						
						l	ffleurage		Petris		e		Tapote	me	nt	
						V	ibration		Frictio	n				ı		
Medic	al		No		Modify		Aftercare		Contra-		Nex				Hor	
									Actions		trea	ıtr	nent		car	9
2	UB30B23 – Provide				Client's physical									_		
	Indi	an	nead i	ma	assage (3)	Weight			Height				Age			
							lealth		Posture				Skin			
						Muscle							condit	ion		
							reatment objective									
							eatment objection	ecti	Sense o	£			Uplifti	200		$\overline{}$
							leidxation		wellbeing			Uplifting				
						Application			Stimula	_	σ.					
						Anti-cellulite Technique			Stillarating							
							ffleurage		Petrissage		ie	Tapotement		nt		
							ibration		Friction		, _	Таросеттент				
						Treatment area		a								
						Face			Head			Chest and				
									ricau				shoulders			
						Arms and			Back				Chakras		<u> </u>	
						hands										
Medic	al		No		Modify		Aftercare	1	Contra-		Nex	t			Hor	ne
					,				Actions				nent		car	
3	UB3	30B	24 -			Cli	ent's physica									
	Aro	ma	therap	οу	oils (4)		Veight		Height				Age			
						F	lealth		Posture				Skin			
												condition				
						١	⁄luscle									

						Treatment objective						
						Relaxation		Sense	of	Up	lifting	
						wellbeing						
						Anti-cellulite		Stimul	ating			
						Technique						
						Effleurage		Petri	ssage	Тар	otement	
						Vibration		Fricti	ion			
						Treatment are	ea					
						Face		Head		Ch	est and	
										sho	oulders	
						Arms and		Abdon	nen	Ba	ck	
						hands						
						Gluteals		Legs a	nd			
								feet			1 1	
Medic	al		No	Mo	odify	Aftercare		ontra-	Next		Home	
								ctions	treat	ment	care	
4				Provide	9	Type of equipr	nen					
			therap	-		Professional		Stone		Acc	cessories	
	trea	atm	nents ((4)		stone						
						heater						
						Cooling						
						system						
						Client's physic	al					
				Weight		Height		Ag	\square			
						Health		Postur	e		Skin condition	
										COI		
						Muscle tone	<u> </u>	•				
						Treatment ob	ject	ı		1	11.5.1	
						Relaxing		Sense		Up	lifting	
						Dalansing		wellbe	eing	Da	Щ	
						Balancing		Local	ti	Rel mu		
								decon	gestion			
						Stone				ter	nsion	
	Basalt Marine Marble											
						Semi-		iviaiiii		IVIO	ai bie	
						precious						
						stone						
						Techniques						
						Rotation of		Altern	ative of	Hc	e of hot	П
						stone		Alternative of hot and cold			nes only	
								stone	5510	300	co omy	
						Use of cold			nation	Te	mperature	\top
						stone		of stor			anagement	
								types			. 0	
								size				

						T	echnique									\neg
							iffleurage		Dotric	ccago		Friction				
									Petrissage Tucking			Placement			_	
						-	apping		TUCKII	ıg		Placem	ent			
						_	rigger point									
						_	reatment ar	ea	T			1				
						F	ace		Head			Neck,				
											and					
						_						should	lers	; 	Щ	
							rms and		Abdom	en		Back				
						l	ands									
	<u> </u>					Legs and feet										
Medic	cal		No		Modify		Aftercare		Contra-		Nex	t		Hor	ne	
									Actions		trea	itment		care	9	
5	UB3	30E	315– P	ro	vide body	Ту	pes									
	eled	ctri	cal tre	eat	ments (5)	G	Galvanic		Electro			Micro-				
					u	unit		Muscle			curren	current unit				
									Stimulator							
									(EMS)							
						L	ymphatic		Micro-							
							Irainage		dermab	ras	sion					
					е	quipment		unit								
						В	ody types					<u> </u>				
						Е	indomorph		Mesom	orp	h	Ectom	orp	h		
							ody condition	ns	.			1				
							Cellulite		Poor m	usc	le	Sluggis	sh			
									tone				circulation			
						Uneven skin			1		<u> </u>					
						texture										
						Treatment objective										
							mproved ski				Imn	rove cont	.011	r		
							ondition	ıaı	iu			muscle	rove contour			
							onanion					dition				
Medio	221		No		Modify	╙	Aftercare	Т	Contra-					Lla	20	ᆛ
iviedio	Jdl		No		Modify		Aftercare				Nex			Hor		
				l					Actions		trea	itment	1	care	:	1

Assessor Comments

Signature	Date