



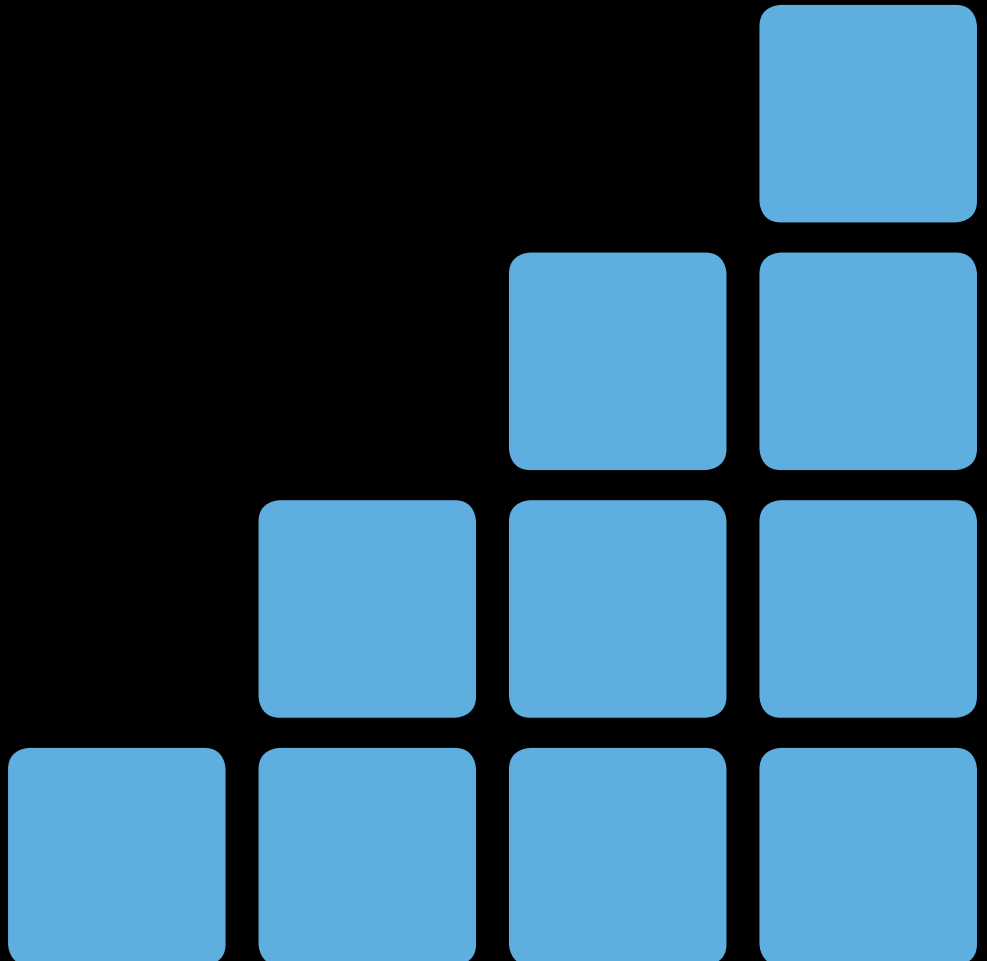
Provide facial skin care treatment

UB200B4

M/600/8754

Learner name:

Learner number:



UB200B4

Provide facial skin care treatment

This unit is about improving and maintaining facial skin condition using a variety of treatments. These treatments include: skin exfoliation, skin warming, extraction, facial massage, mask treatments and the use of facial products. Such treatments must be successfully provided to a range of clients with a variety of skin types and conditions.

To carry out this unit you will need to maintain effective health, safety and hygiene throughout your work. You will also need to maintain your personal appearance and good communication with the client.

NOS

B4

Level

2

Credit value

8

GLH

68

Observations

3

External paper(s)

2



Provide facial skin care treatment

Learning outcomes

On completion of this unit you will:

1. Be able to use safe and effective methods of working when improving and maintaining facial skin condition
2. Be able to consult, plan and prepare for facials with clients
3. Be able to improve and maintain skin condition
4. Understand organisational and legal requirements
5. Understand how to work safely and effectively when providing facial treatments
6. Understand how to perform client consultation and treatment planning
7. Understand anatomy and physiology that relates to facial skin care treatments
8. Understand contra-indications that affect or restrict facial skin care treatments
9. Understand facial skin care techniques, products and treatment planning
10. Understand the aftercare advice to provide clients for facial care treatments

Evidence requirements

1. Simulation is not allowed for any performance evidence within this unit.
2. You must practically demonstrate in your everyday work that you have met the standard for improving and maintaining facial skin condition.
3. Your assessor will observe your performance on **at least 3 occasions, each involving a different client.**
4. From the range statement, you must practically demonstrate that you:
 - have used all consultation techniques
 - have carried out at least one of the necessary actions*
 - treated all skin types
 - treated **2 out of 3** skin conditions*
 - have used all types of equipment
 - have used all the types of facial products
 - have used all massage mediums
 - have used all the massage techniques
 - have used all the mask treatments
 - have provided all types of advice.

** However, you must prove to your assessor that you have the necessary knowledge, understanding and skills to be able to perform competently in respect of all the items in these ranges.*

5. It is likely most evidence of your performance will be gathered from the observations made by your assessor, but you may be required to produce other evidence to support your performance if your assessor has not been present.
6. Knowledge and understanding in this unit will be assessed by an external paper. The criteria that make up this paper are highlighted in white throughout this unit. **There are two external papers that must be achieved.**

Achieving observations and range

Achieving observation outcomes

Your assessor will observe your performance of practical tasks. The minimum number of observations required is indicated in the evidence requirements section of this unit.

Criteria may not always naturally occur during a practical observation. In such instances you will be asked questions to demonstrate your competence in this area. Your assessor will document the criteria that have been achieved through oral questioning.

Your assessor will sign off an outcome when all criteria have been competently achieved in a single client service.

Maximum service times

The following maximum service times apply to this unit:

Facial	60 minutes
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Achieving range

The range section indicates what must be covered. Ranges must be practically demonstrated as part of an observation. Your assessor will document the portfolio reference once a range has been competently achieved.



Observations

Outcome 1

Be able to use safe and effective methods of working when improving and maintaining facial skin condition

You can:

- a. Set up and maintain the work area to meet legal, hygiene and treatment requirements
- b. Maintain personal standards of appearance, hygiene and protection that meets accepted industry and organisational requirements
- c. Clean tools and equipment using the correct methods
- d. Use accepted industry hygiene and safety practices throughout the treatment
- e. Position equipment, materials, yourself and the client to meet the need of the treatment
- f. Maintain the client's modesty and privacy at all times
- g. Dispose of waste materials correctly
- h. Complete the treatment within a commercially viable time
- i. Leave the work area in a suitable condition for further treatments
- j. Keep client records up to date, accurate, easy to read and signed by the client and practitioner

* May be assessed through oral questioning.

Observation	1	2	3
Criteria questioned orally			
Date achieved			
Portfolio reference			
Learner signature			
Assessor initials			



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Outcome 2

Be able to consult, plan and prepare for facials with clients

You can:

- a. Use effective consultation techniques
 - b. Obtain signed, written and informed consent prior to any treatment from the client or from a parent or guardian if the client is a minor*
 - c. Identify any contra-indications by questioning the client, establishing their current skin care routine and recording the client responses accurately
 - d. Protect the client's clothing, hair and accessories effectively
 - e. Cleanse the client's skin prior to skin analysis
 - f. Perform a skin analysis on the client, and record the skin type and condition
 - g. Take any necessary action in response to identified contra-indications*
 - h. Recommend suitable treatments and products for the client's skin type and condition, and agree a service and outcomes that are acceptable to the client and meet their needs
- i. Select suitable facial products and equipment for the client's skin type and skin condition based on the results of the skin analysis

*May be assessed through oral questioning.

Observation	1	2	3
Criteria questioned orally			
Date achieved			
Portfolio reference			
Learner signature			
Assessor initials			



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Outcome 3

Be able to improve and maintain skin condition

You can:

- a. Use facial products and equipment following manufacturers' instructions
- b. Cleanse the skin
- c. Use suitable exfoliation techniques, which minimise any discomfort to the client and leave the skin smooth, and free of any surface debris and products
- d. Carry out any necessary comedone extraction, as required, minimising discomfort to the client and with minimal damage to the skin*
- e. Use and adapt massage techniques with suitable massage media to meet the needs of the client and agreed treatment plan
- f. Apply mask treatments evenly and neatly, ensuring that the area to be treated is covered, and remove masks after a recommended time and without discomfort to the client
- g. Tone and moisturise the skin
- h. Check the finished result is to the client's satisfaction and meets the agreed treatment plan
- i. Give client suitable aftercare advice

*May be assessed through oral questioning.

Observation	1	2	3
Criteria questioned orally			
Date achieved			
Portfolio reference			
Learner signature			
Assessor initials			

Range



You must practically demonstrate that you have:

Used all consultation techniques		Portfolio reference
Questioning		
Visual		
Manual		
Reference to client records		
Carried out at least one of the necessary actions		Portfolio reference
Encouraging the client to seek medical advice		
Explaining why the treatment cannot be carried out		
Modification of treatment		
Treated all skin types		Portfolio reference
Oily		
Dry		
Combination		
Treated 2 out of 3 skin conditions		Portfolio reference
Mature skin		
Sensitive skin		
Dehydrated skin		
Used all types of equipment		Portfolio reference
Magnifying light		
Skin warming devices		
Consumables		



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You must practically demonstrate that you have:

Used all the types of facial products	Portfolio reference
Eye make-up remover	
Cleansers	
Toners	
Exfoliators	
Moisturisers	
Specialised skin products	
Used all massage mediums	Portfolio reference
Oil	
Cream	
Used all the massage techniques	Portfolio reference
Effleurage	
Petrissage	
Tapotement	
Used all the mask treatments	Portfolio reference
Setting	
Non-setting	
Provided all types of advice	Portfolio reference
Suitable aftercare products and their use	
Avoidance of activities which may cause contra-actions	
Recommended time intervals in-between facial treatments	
Home care routines	

Developing knowledge

Achieving knowledge outcomes

You will be guided by your tutor and assessor on the evidence that needs to be produced. Your knowledge and understanding will be assessed using the assessment methods listed below:

- Observed work
- Witness statements
- Audio-visual media
- Evidence of prior learning or attainment
- Written questions
- Oral questions
- Assignments
- Case studies

Where possible your assessor will integrate knowledge outcomes into practical observations through oral questioning.

Achieving the external paper

The external paper will test your knowledge of the criteria highlighted in white. **A pass mark of 70% must be achieved.** Criteria not achieved will be identified to your tutor/assessor. You will then be orally questioned or asked to produce other forms of evidence as **all unit criteria must be achieved.**

Your assessor will complete the table below when the 70% pass mark has been achieved.

Paper	Date achieved	Assessor initials
1 of 2		
2 of 2		

Knowledge



Outcome 4

Understand organisational and legal requirements

You can:	Portfolio reference / Assessor initials*
a. Describe own responsibilities under relevant health and safety legislation	
b. Explain why minors should not be given treatments without informed and signed parental or guardian consent	
c. Describe why it is important, when treating minors under 16 years of age, to have a parent or guardian present	
d. State the age at which an individual is classed as a minor and how this differs nationally	
e. Describe the importance of not discriminating against clients with illnesses and disabilities	
f. Explain the legal significance of gaining signed, informed consent to treatment	
g. Describe own responsibilities and reasons for maintaining personal hygiene protection and appearance according to accepted industry and organisational requirements	
h. Explain the importance of, and reasons for, keeping and storing client records	
i. State the salon's service times for completing facial treatments and the importance of completing the application in a commercially viable time	
j. State the salon's pricing structures	
k. Describe how to complete client records used in the salon and the importance of gaining clients' signatures	

* Assessor initials to be inserted if orally questioned.

Requirements highlighted in white are assessed in the external paper.



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Outcome 5

Understand how to work safely and effectively when providing facial treatments

You can:	Portfolio reference / Assessor initials*
a. Describe how to set up the work area and prepare and use equipment and materials for facial treatments	
b. Describe the necessary environmental conditions for facial treatments (including lighting, heating, ventilation and general comfort) and why these are important	
c. State the differences between sterilising and disinfecting	
d. Explain the importance of, and reasons for, disinfecting hands, and how to do this effectively	
e. Describe how to maintain equipment and materials in a clean and hygienic condition	
f. Describe how to prepare yourself and clients for facial treatments	
g. Describe how to avoid potential discomfort and injury and the risks of poor positioning of clients	
h. Describe how to check equipment used for facial treatments	
i. Describe why it is important to maintain standards of hygiene and the principles of avoiding cross-infection	
j. Explain how to minimise and dispose of waste from treatments	
k. Describe the condition in which the work area should be left ready and why this is important	

* Assessor initials to be inserted if orally questioned.

Requirements highlighted in white are assessed in the external paper.



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Outcome 6

Understand how to perform client consultation and treatment planning

You can:	Portfolio reference / Assessor initials*
a. Describe how to use effective consultation techniques	
b. Describe the questioning and listening skills required to find out information	
c. Describe how to give effective advice and recommendations to clients	
d. Describe how to interpret negative and positive body language	
e. Describe the importance of questioning clients to establish any contra-indications to facial treatments	
f. Explain why it is important to record clients' responses to questioning	
g. Explain why it is important to encourage and allow time for clients to ask questions	
h. Describe the legal significance of client questioning and of recording the clients' responses	
i. Explain the reasons why it is important to encourage clients with contra-indications to seek medical advice	
j. Describe the importance of, and reasons for, not naming specific contra-indications when referring clients to a general practitioner	
k. Explain why it is important to maintain client's modesty and privacy	
l. Explain how to prepare treatment plans	

* Assessor initials to be inserted if orally questioned.

Requirements highlighted in white are assessed in the external paper.



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Outcome 6 (continued)

Understand how to perform client consultation and treatment planning

You can:	Portfolio reference / Assessor initials*
m. Describe how to prepare clients for treatments	
n. Describe how to position clients for facial treatments	
o. Describe how to conduct a skin analysis	
p. Describe the relationship between the client's skin care routine, its current condition and implications for treatment	

* Assessor initials to be inserted if orally questioned.

Requirements highlighted in white are assessed in the external paper.



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Outcome 7

Understand anatomy and physiology that relates to facial skin care treatments

You can:	Portfolio reference / Assessor initials*
a. Describe the structure and function of the skin	
b. Describe the skin characteristics and skin types of different ethnic client groups	
c. Describe the actions of the facial, neck and shoulder muscles	
d. Describe the bones of the head, neck, shoulder girdle and chest (including for the skull - occipital, frontal, parietal, temporal, sphenoid, ethmoid, zygomatic, mandible, maxillae, nasal, vomer, turbinate, lacrimal and palatine bones; for the neck - cervical vertebrae; for the shoulder girdle - clavicle, scapula and humerus; for the chest - sternum)	
e. Describe the position of the head, face, neck, chest and shoulder girdle bones	
f. Describe the position of the face, neck and shoulder muscles	
g. Describe how the natural ageing process affects facial skin and muscle tone	
h. Describe the composition and function of blood and lymph and its role in improving skin and muscle condition	

* Assessor initials to be inserted if orally questioned.

Requirements highlighted in white are assessed in the external paper.



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Outcome 8

Understand contra-indications that affect or restrict facial skin care treatments

You can:	Portfolio reference / Assessor initials*
a. Describe the contra-indications which require medical referral and state why they require referral	
b. Describe the contra-indications which restrict treatment and why they restrict treatment	

* Assessor initials to be inserted if orally questioned.

Requirements highlighted in white are assessed in the external paper.



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Outcome 9

Understand facial skin care techniques, products and treatment planning

You can:	Portfolio reference / Assessor initials*
a. Describe how to adapt facial techniques for male and female clients	
b. Describe how to recognise different skin types and conditions	
c. Describe how environmental and lifestyle factors affect the condition of the skin	
d. Describe how to treat, and suitable courses of action for, different skin types and conditions	
e. Describe the recommended frequency of treatments	
f. Compare the range and uses of products available for facial treatments	
g. Describe the different types of specialist skin products and how to apply them	
h. Explain the reasons for, and benefits of: <ul style="list-style-type: none"> - cleansing the skin - exfoliating the skin - toning the skin - warming the skin - applying massage - applying masks - skincare products 	
i. Compare the different types and effects of skin warming devices	

* Assessor initials to be inserted if orally questioned.

Requirements highlighted in white are assessed in the external paper.



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Outcome 9 (continued)

Understand facial skin care techniques, products and treatment planning

You can:	Portfolio reference / Assessor initials*
j. Describe how to safely, manually extract comedones	
k. Describe the different types of massage techniques, and state the differences between them, and how to adapt them to suit the skin types and conditions	
l. Describe the effects of massage techniques on the skin, muscle and underlying structures	
m. Describe the skin types best suited to oil or cream massage mediums	
n. Compare the different types of masks and their effects on the skin	
o. Describe the links between mask treatment timing and skin condition	
p. Describe how to identify erythema and its causes	
q. Describe possible contra-actions which may occur during the facial treatment and how to deal with them	

* Assessor initials to be inserted if orally questioned.

Requirements highlighted in white are assessed in the external paper.



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Outcome 10

Understand the aftercare advice to provide clients for facial care treatments

You can:	Portfolio reference / Assessor initials*
a. Explain why it is important to provide a basic home care routine	
b. Describe aftercare products that will benefit the client and advise, with reasons, on those the client should avoid	
c. Describe the contra-actions that may occur after facial treatments and what advice to give clients	
d. Describe the recommended time intervals for facial treatments	

* Assessor initials to be inserted if orally questioned.

Requirements highlighted in white are assessed in the external paper.

Notes

Use this area for making notes and drawing diagrams